

Level Up!

- In order to best prepare you for the next steps after sixth form, it's really important that you are participating in and recording in as many extra-curricular opportunities as possible
- We refer to them as milestones as they are things all students should do – although there are bonus ones as well
- The passport will go in the back of your Day Folder for you to update as you take part in opportunities.
- See which ones you can sign off today – remember to get them signed off by the relevant member of staff

"For which of you, desiring to build a tower, does not first sit down and count the cost, whether he has enough to complete it?" - Luke 14:28

St Alban's Sixth Form – Level Up



As a student at St Alban's Sixth Form, you deserve the very best of opportunities, not just in your academic learning, but also in your personal development. As preparation for whatever the future brings, we encourage each student in the Sixth Form to complete a series of milestones suitable to this academic level.

The aim is to get as many completed as possible by the end of Year 12!

Milestone	Activity	Signed
Interaction with a university representative		
Interaction with an employer		
Visit to a university/place of higher education		
Participation in work experience placement		

How can students show supercurricular engagement?

The type of subject a student hopes to study might influence what is readily available, but forms of supercurricular engagement could include:

- Elements of their school curriculum that have allowed for independent research and exploration, such as an extended project qualification or IB extended essay.
- Additional academic work, such as entering essay competitions run by universities and taking part in events such as science, maths and language Olympiads. The most selective universities often want to know a student's performance in relation to their cohort or more widely, so a strong performance there can also provide comparative, evidence-based material for the reference.
- Further reading, whether it is tackling a text beyond the literature curriculum or subscribing to (or making use of school subscriptions) to journal articles. This can be useful for clinical courses as well as science and economics ones.
- Watching documentaries – good for any subject.
- Listening to podcasts.
- Watching films or listening to news in a foreign language, for aspiring linguists.
- For art and history students, visiting galleries and museums.
- Exploring university-level content by taking a [Mooc](#) from an organisation such as [Futurelearn](#), or a taster lecture using [Springpod](#), which is now affiliated to Ucas.
- Work experience directly related to the degree applied for.

"For which of you, desiring to build a tower, does not first sit down and count the cost, whether he has enough to complete it?" - Luke 14:28

St Alban's Sixth Form – Level Up

As a student at St Alban's Sixth Form, you deserve the very best of opportunities, not just in your academic learning, but also in your personal development. As preparation for whatever the future brings, we encourage each student in the Sixth Form to complete a series of milestones suitable to this academic level.



The aim is to get as many completed as possible by the end of Year 12!

Milestone	Activity	Signed
Interaction with a university representative	University and Apprenticeship fair Chelmsford	<i>[Signature]</i>
Interaction with an employer		
Visit to a university/place of higher education		
Participation in work experience placement		
Presentation to class of students	Accent and Dialect Presentation	
Supporting younger learners in school		
Being part of an extra-curricular group or club		
Reading an academic book from a chosen curriculum subject		
Supporting the school in a St Alban's event	Presented in Sixth form to year 11 - taster day	<i>[Signature]</i>
Attendance at a school subject trip or event		

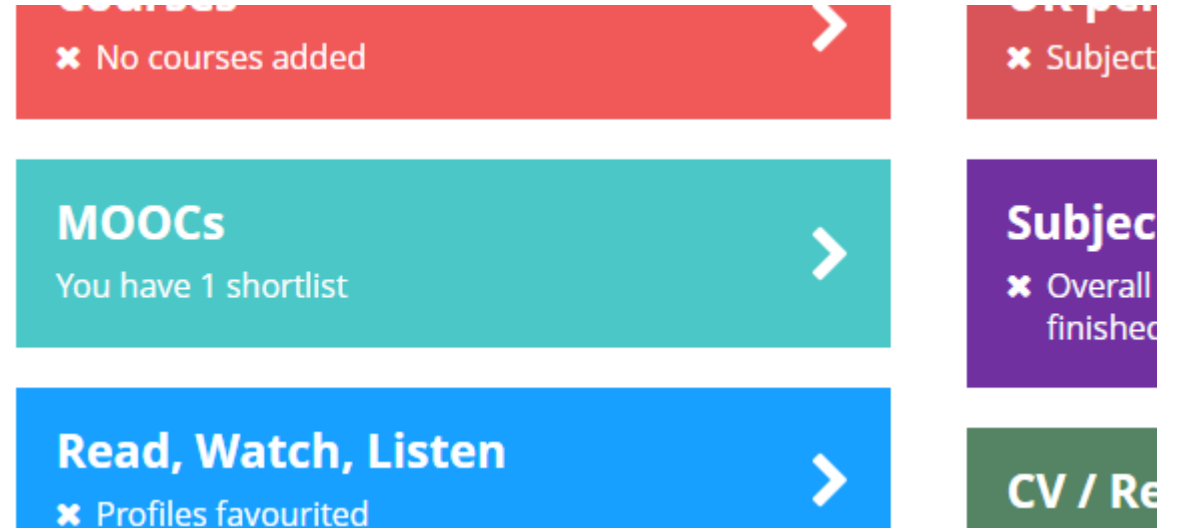
"For which of you, desiring to build a tower, does not first sit down and count the cost, whether he has enough to complete it?" - Luke 14:28

Bonus

Milestone	Activity	Signed
Taking up a leadership position in Sixth Form		
Organising/leading an event / assembly / activity	Year 11 Organised year 11 reflection Day	<i>Paul Wilson 19/11/25</i>
Taking part in an external programme (e.g. university, charity, etc)		
Raising money for charity or cause		
Completion of an online course or qualification	Race, ethnicity & Crime - open university	<i>[Signature]</i>
Application to a University or L3 Apprenticeship		
Attendance at a university taster lecture		
Entering an academic competition (Maths challenge, Olympiad, etc)		
Volunteering in the school or local community	Rainbows and Brownies Young leader DofE	

MOOCs (Massive Open Online Courses)

- [Free courses | OpenLearn - Open University](#)
- [Massive open online courses \(MOOCs\) | The University of Manchester](#)
- [Browse Free Online Courses - FutureLearn](#)



Taster Lectures

- [Subject tasters | UCAS](#)
- [Subject tasters | Undergraduate study | The University of Sheffield](#)
- [ONLINE EVENTS - University events](#)

 University of Sheffield

Study ▾

Undergraduate study

[Courses ▾](#) [Visit ▾](#) [Apply ▾](#) [Fees and funding ▾](#) [Accommodation ▾](#) [Studying at Sheffield](#)

[Home](#) > [Undergraduate study](#) > [Visit](#) > **Subject tasters**

Subject tasters

Our subject taster sessions help students experience what it's like to study at the University of Sheffield.

SUBJECT TASTERS



[Accounting and finance](#)



[Agriculture and related sciences](#)



[Architecture, building, and planning](#)





