



St Alban's Catholic High School

LEARNING  RESPECTING  CARING

Welcome

St Alban's Catholic High School is an inclusive environment where we strive to nurture spiritual, emotional and academic growth.

We have a leadership team and staff with the knowledge to educate and passion to inspire. Through our rich, broad curriculum and exciting extra-curricular opportunities, our students leave St Alban's as accomplished young adults, prepared and enthusiastic for their life ahead.



Mr M Baker
HEADTEACHER



To be Headteacher at St Alban's is a pleasure and a privilege. Through our strong Christian ethos of **respect, compassion and support**, our students are able to grow in confidence and build academic ambitions for their future.

We warmly welcome interested parents and students to get in touch and we would be delighted to arrange a visit to the school.





Ethos, aims and values

St Alban's Catholic High School strives to provide an excellent education for our students, within a caring Christian community, where all are respected, valued and supported to achieve their potential.

We aim to inspire everyone with the **strength** and **purpose** to begin the journey of learning for life and to prepare our students to lead by example in the modern world.

“ I love St Alban's for many reasons, but my top reasons must be English Literature and History. From the beginning of Year 7, I have absolutely adored those two subjects. ”

Gertrude Golez | Year 10



Curriculum

At St Alban's, we are proud of the achievements of our students and we aim provide an inclusive and broad curriculum that meets the needs of all students and enables them to achieve their educational and spiritual potential.

Key Stage 3 YEARS 7-9

All students build a strong foundation of knowledge across their subjects. We focus on developing the St Alban's way and embedding the four Ps into the daily lives of our students, to enable them to become successful and effective learners.

Key Stage 4 YEARS 10-11

At Key Stage 4, we continue to provide a curriculum of breadth and depth. GCSE options are chosen during Year 9 and begin in Year 10. Students study the compulsory GCSE subjects of English Language, English Literature, Maths and Science. All students also study GCSE Religious Education.

SEND

Students with special educational needs and disabilities are supported both in and out of the classroom. Students are supported in lessons by teachers and teaching assistants. Additional support is also available to some students in the form of small group work and on an individual basis.



“ At St Albans, I enjoy doing drama for many different reasons. One, in my opinion, I think it's a great subject to boost your confidence and it helps show who the real you is, for example if you're introvert or extrovert. It has helped me overcome my fear of being me in front of everyone. ”

Karlie Godbold | Year 10





Catholic Life

“Education is, in a very special way, the concern of the Church, not only because the Church must be recognised as a human society capable of imparting education, but especially it has the duty of proclaiming the way of salvation to all men, of revealing the life of Christ to those who believe, and of assisting then with unremitting care so that they may be able to attain to the fullness of that life. The Church as a mother is under an obligation therefore, to provide for its children an education by virtue of which their whole lives may be inspired by the spirit of Christ.” [Documents of Vatican II vol.1: Christian Education: Gravissimum Educationis](#)

Religious Education

We aim to develop young people, who are religiously literate and have the knowledge and understanding to think spiritually, ethically and theologically.

Serving our community

As a school, we undertake a range of activities that embody our distinctiveness as a Catholic school and empower the young people in our care through Faith in Action initiatives.

Mass

Each Wednesday, students are invited to celebrate Mass together. All students are welcome. The school community also comes together to celebrate key events in the

Church’s liturgical calendar and to recognise special events for our students.

Ethos and Values

Governors and staff at St Alban’s are strongly committed to building and strengthening the Catholic ethos of the school.

The Importance of Prayer

Prayer plays a pivotal part in the daily life of each member of our school community. Students participate in prayer, at the start of each day and are encouraged to offer prayer intentions. Our school Chapel is available for private prayer and reflection.



Trips and Educational Visits

Students at St Alban's benefit from a wide range of trips and visits to complement their learning in school.

There are trips across the different year groups and subject groups. Students can take part in visits such as the trip to the London Dungeons to see history in action and a pilgrimage to Rome, as part of their religious education.

We believe that educational visits are an integral part of the entitlement of every student. Visits take place to enhance learning and improve attainment. They are a key part of what makes St Alban's a supportive learning environment.

“ I really enjoy St Alban's because I'm able to express myself through my work. ”

Leo Connor-Bernard | Year 8

Careers

At St Alban's, we have our own dedicated careers advisor.

Staff are here to support our young people to make decisions on learning, training and work opportunities. Our education programme provides our students with the opportunity to plan and manage their careers effectively, ensuring ambitious and aspirational progression.

We are committed to providing all students with a careers programme, which is embedded into the curriculum from Year 7 and includes a variety of enrichment activities.

Enrichment activities include career regular **Insight talks**, **Careers Week**, **Apprenticeship Week** and **Volunteer Week**. We also run **Inspire days**, where we welcome in employers, including many alumni students, from a range of industries both locally and nationally.



School Day

At St Alban's we run a two week timetable, denoted Week 1 and Week 2. There are forty periods over the two weeks.

The school day runs from 8:45am to 3:15pm, Monday to Friday.

The times of the day are:

08:45 - 09:05	Registration/Assemblies
09:05 - 10:20	Period 1
10:20 - 10:40	Break
10:40 - 11:55	Period 2
12:00 - 13:15	Period 3
13:15 - 14:00	Lunch
14:00 - 15:15	Period 4



Houses

Houses – All students are placed in one of six houses. Each of our houses are named after Saints.

Click on the links below to find out more about the House Saints:

[Avila](#)

[Botolph](#)

[Audrey](#)

[Edmund](#)

[Bosco](#)

[Magdalen](#)





Clubs and Activities

We have a fantastic array of clubs and extracurricular activities, to inspire our children and entice them to try new things. Here are just some of the options available:

Special interest

- Nerd club
- Robotics club
- Eco club
- Maths club
- Portuguese
- Chess
- Warhammer
- Pokemon

Sports

- Netball
- Volleyball
- Football
- Basketball
- Kayaking
- Badminton
- Table tennis

Creative

- Anime / Manga drawing
- Textiles
- Drama
- Technical theatre

Faith

- Chaplaincy group
- Saint Vincent de Paul group
- L'Arche support group

“I like St Alban's because I have nice friends here and I enjoy the subjects.”

Noah Redmon | Year 7



Uniform

We expect students to take a 'door-to-door' pride in their personal appearance and uniform must be worn at all times. The uniform is designed to be practical, maintainable and good value for money.

A copy of our uniform requirements (including PE kit and footwear) and where they can be purchased from can be found [here](#).

Second-hand uniform

We have a supply of second-hand uniform for sale.

If you are interested please phone the school office with the size(s) required, so availability can be checked.



We aim to inspire everyone with the strength and purpose to begin the journey of learning for life and to prepare our students to lead by example in the modern world.



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St Alban's is part of the Our Lady of Walsingham
Catholic Multi-Academy Trust