



# St Alban's Catholic High School

LEARNING  RESPECTING  CARING

# Welcome

St Alban's Catholic High School is an inclusive environment where we strive to nurture spiritual, emotional and academic growth.

We have a leadership team and staff with the knowledge to educate and passion to inspire. Through our rich, broad curriculum and exciting extra-curricular opportunities, our commitment to the formation of every child created in the image of God is central to our mission ensuring that all our students leave St Alban's as accomplished young adults, prepared and enthusiastic for their life ahead.



**Mr SN Corless**  
HEADTEACHER



As Headteacher at St Alban's Catholic High School, it is a privilege to welcome you as prospective parents and students. Our distinctiveness as a Catholic school aligns strongly with our mission that all children are created equally and in the image of God. Our school community is about inclusivity and builds on raising aspirations for every young person to achieve the very best that they can be and prepare them well for the future. We look forward to welcoming you to our school.





# Ethos, aims and values

St Alban's Catholic High School strives to provide an excellent education for our students, within a caring Christian community, where all are respected, valued and supported to achieve their potential.

We aim to inspire everyone with the **strength** and **purpose** to begin the journey of learning for life and to prepare our students to lead by example in the modern world.

“ I love St Alban's for many reasons, but my top reasons must be English Literature and History. From the beginning of Year 7, I have absolutely adored those two subjects. ”

**Gertrude | Year 10**



# Curriculum

At St Alban's, we are proud of the achievements of our students and we aim provide an inclusive and broad curriculum that meets the needs of all students and enables them to achieve their educational and spiritual potential.

## Key Stage 3 YEARS 7-9

All students build a strong foundation of knowledge across their subjects. We focus on developing the St Alban's way and embedding the four Ps into the daily lives of our students, to enable them to become successful and effective learners.

## Key Stage 4 YEARS 10-11

At Key Stage 4, we continue to provide a curriculum of breadth and depth. GCSE options are chosen during Year 9 and begin in Year 10. Students study the compulsory GCSE subjects of English Language, English Literature, Maths and Science. All students also study GCSE Religious Education.

## SEND

Students with special educational needs and disabilities are supported both in and out of the classroom. Students are supported in lessons by teachers and teaching assistants. Additional support is also available to some students in the form of small group work and on an individual basis.



“ At St Albans, I enjoy doing drama for many different reasons. One, in my opinion, I think it's a great subject to boost your confidence and it helps show who the real you is, for example if you're introvert or extrovert. It has helped me overcome my fear of being me in front of everyone. ”

Karlie | Year 10



# Catholic Life

“Educating is an act of hope and a passion that is renewed because it manifests the promise we see in the future of humanity. The Catholic school is an environment in which faith, culture and life intertwine. It is not simply an institution, but rather a living environment in which the Christian vision permeates every discipline and every interaction. Educators are called to a responsibility that goes beyond the work contract: their witness has the same value as their lessons.”

Pope Leo XIV, DRAWING NEW MAPS OF HOPE, October 2025

## Religious Education

We aim to develop young people, who are religiously literate and have the knowledge and understanding to think spiritually, ethically and theologically.

## Serving our community

As a school, we have a thriving chaplaincy where students have developed their own Bible Study Group, take part in Masses with reading and assisting the priest and getting involved with charity fundraising initiatives. This is a great way of uniting the whole school community.

## Mass

Mass is celebrated in the chapel weekly, and this takes place on a rota basis so that each Form, Year and House have at least one Mass over the course of the year.

Other important liturgical events in the Church's Calander are also marked with a religious service.

## Ethos and Values

Governors and staff at St Alban's are strongly committed to building and strengthening the Catholic ethos of the school.

## The Importance of Prayer

Prayer plays an important part to every member and helps to shape our daily routine. Students participate in prayer daily and are invited to offer their own intentions. Our chapel is open for private prayer and reflection and our school chaplain is available to speak with students who need spiritual support and guidance as when the needs arise.



# Trips and Educational Visits

Students at St Alban's benefit from a wide range of trips and visits to complement their learning in school.

There are trips across the different year groups and subject groups. Students can take part in visits such as the trip to the London Dungeons to see history in action and a pilgrimage to Rome, as part of their religious education.

We believe that educational visits are an integral part of the entitlement of every student. Visits take place to enhance learning and improve attainment. They are a key part of what makes St Alban's a supportive learning environment.

“ I really enjoy St Alban's because I'm able to express myself through my work. ”

**Leo | Year 8**

# Careers

At St Alban's, careers education is guided by our Catholic faith and our commitment to nurturing the whole child.

With the guidance and support of dedicated staff, students are encouraged to explore their interests, recognise their strengths and grow in confidence as they begin to consider the vocations and pathways open to them.

Our careers programme is embedded into the curriculum from Year 7 onwards, offering students a rich range of experiences, including opportunities to engage with inspiring training providers and employers. These experiences help students to develop an understanding of the world of work and how their learning can lead to future opportunities.

We are proud to create an environment where ambition is nurtured, possibilities are broadened and every student is supported to imagine what their future could be.



# School Day

At St Alban's we run a two week timetable, denoted Week 1 and Week 2. There are forty periods over the two weeks.

The school day runs from 8:45am to 3:15pm, Monday to Friday.

The times of the day are:

08:45 - 09:05	<b>Registration/Assemblies</b>
09:05 - 10:20	<b>Period 1</b>
10:20 - 10:40	<b>Break</b>
10:40 - 11:55	<b>Period 2</b>
12:00 - 13:15	<b>Period 3</b>
13:15 - 14:00	<b>Lunch</b>
14:00 - 15:15	<b>Period 4</b>



# Houses

Houses – All students are placed in one of six houses. Each of our houses are named after Saints.

Click on the links below to find out more about the House Saints:

[St Carlo Acutis](#)

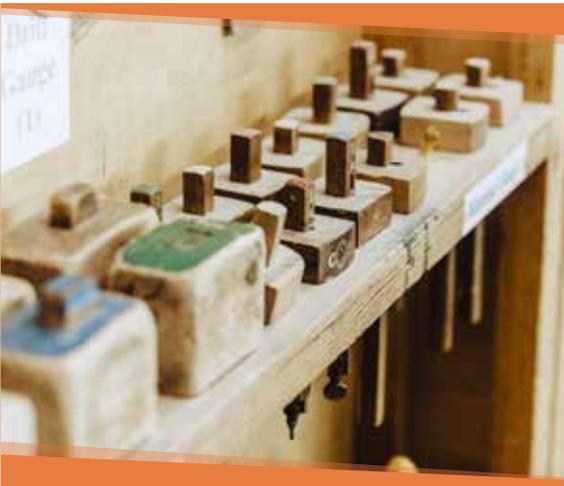
[St Josephine Bakhita](#)

[St John Paul II](#)

[St Maria Goretti](#)

[St Teresa of Calcutta](#)

[St Francis of Assisi](#)





# Clubs and Activities

We have a fantastic array of clubs and extracurricular activities, to inspire our children and entice them to try new things. Here are just some of the options available:

## Special interest

- Nerd club
- Robotics club
- Eco club
- Maths club
- Portuguese
- Chess
- Warhammer
- Pokemon

## Sports

- Netball
- Volleyball
- Football
- Basketball
- Kayaking
- Badminton
- Table tennis

## Creative

- Anime / Manga drawing
- Textiles
- Drama
- Technical theatre

## Faith

- Chaplaincy group
- Saint Vincent de Paul group
- L'Arche support group

“I like St Alban's because I have nice friends here and I enjoy the subjects.”

Noah | Year 7



# Uniform

We expect students to take a 'door-to-door' pride in their personal appearance and uniform must be worn at all times. The uniform is designed to be practical, maintainable and good value for money.

A copy of our uniform requirements (including PE kit and footwear) and where they can be purchased from can be found [here](#).

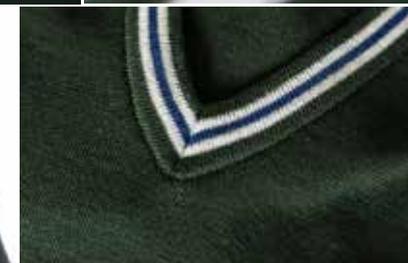
## School uniform update

Skirt addition from September 2026  
(available to purchase only from Coes)



## Second-hand uniform

We have a supply of second-hand uniform for sale. If you are interested please phone the school office with the size(s) required, so availability can be checked.



We aim to inspire everyone with the strength and purpose to begin the journey of learning for life and to prepare our students to lead by example in the modern world.



St Alban's Catholic High School  
Digby Road, Ipswich, IP4 3NJ  
Telephone **01473 726178**

 **@StAlbansHigh**

 **stalbanhigh\_ipswich**



St Alban's is part of the Our Lady of Walsingham  
Catholic Multi-Academy Trust