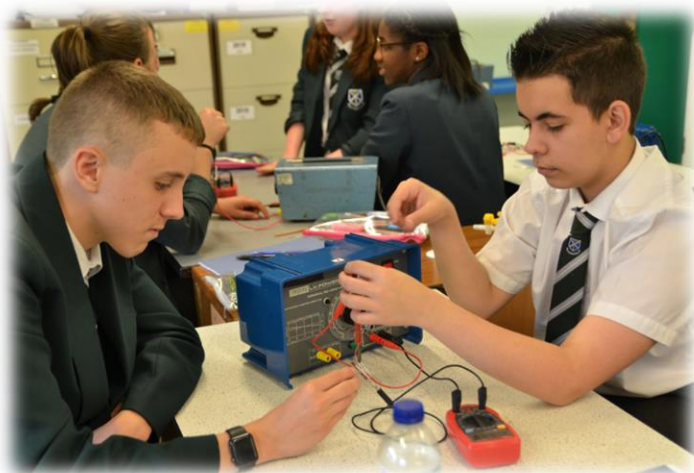
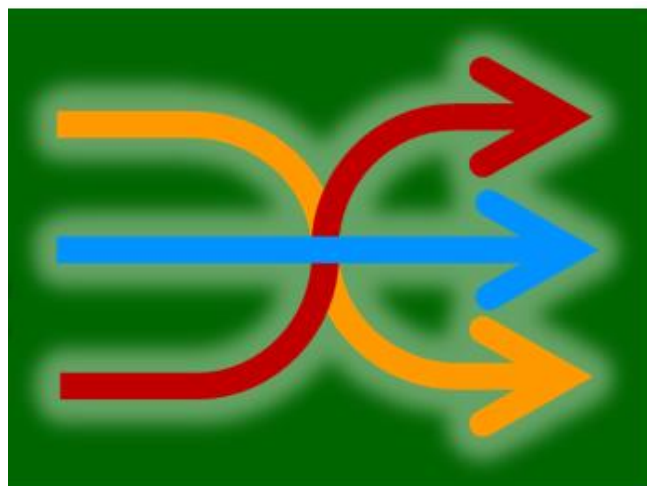


St Alban's
Catholic High School

Pathways 2022-2025



Year 8 Pathways Evening - Wednesday 27 April 2022

Contents

Introduction	2
Our curriculum offer	3
Information for students	4
Using SIMS Options Online	6
Careers Education.....	8
PYF	9
Religious Studies	10
English language and literature	11
Mathematics	12
Science	13
Core Physical Education	14
Alternative Curriculum (ASDAN & LASER)	15
Art and Design.....	16
Business Studies.....	17
Computer Science.....	18
Creative iMedia (Cambridge Nationals Level 2) ..	19
Design and Technology.....	20
Drama	21
Food and Nutrition	22
Geography	23
History	24
Modern Foreign Languages.....	25
Music	26
Sport & Coaching Principles (Technical Award) ..	27
Textile Design	28

Welcome to *Pathways* at St Alban's Catholic High School 2022 - 2025

Information for Parents and Carers

As our young people progress through their education there are a number of important points along the way where decisions have to be made about their future direction. At the beginning of Year 9 students will start to focus on the subjects they plan to study at GCSE.

This booklet has been produced to explain about the curriculum that they will be following for the next three years and to help them with their choice of courses. They need to read it carefully and check that they understand what is involved. Although some subjects treat GCSE as a self-contained course, most require students to remember all that they have learnt so far. At the bottom of each subject page is the name of the teacher who is best able to answer any questions about that subject.

In the second half of the Spring term 2022 we will be holding a series of **Pathways Assemblies** where heads of departments will give information about their subjects at GCSE. There will also be **Taster Lessons** in all Pathways subjects so that students can understand what each subject will offer at GCSE.

This year we will be holding our **Pathways Evening** in the Sports Hall on **Wednesday 27 April 2022** where you can ask questions of senior leaders and subject leaders. We are hoping this will be an "in person" event. If this is not possible, due to changes in government COVID rules, we will hold it as an online SchoolCloud event. Further details will be available nearer the time.

We would also recommend that you watch our **Introduction to Pathways 2022** video on YouTube. This will give you more information about how the Pathways process works over the next three years. You can watch the video on the **Pathways 2022** page of the school website.

During Year 9 students will study up to four **Pathways** subjects. This year we are introducing "Triple Science" as a guided option in Block A. This will give students who will take three separate science GCSEs an opportunity to have extra curriculum time in year 9 for those subjects. The other subjects in Block A will be EBacc (English Baccalaureate) subjects that are aimed to keep student's options open for further study and future careers. Further details of the English Baccalaureate can be found [here](#).

There will be two opportunities during year 9 to change a Pathway subject, if necessary. We believe this will help students make an informed choice about the subjects they will study to GCSE and beyond.

Broad and Balanced Curriculum

Universities are increasingly using students' GCSE subjects and grades within the application process for degree courses. We therefore strongly recommend that students choose courses in which they feel that they are likely to do well at GCSE and continue as broad and varied a range of subjects as possible. By doing this they will be able to keep their options open and ensure that they are well prepared for further study.

Please remember that students currently in Year 9 will continue in education and/or training until they are at least 18 years old. After the age of 16 they have the opportunity to continue their studies here at St Alban's, or with local training providers, apprenticeships or at another sixth form college – there are plenty of choices available for all sorts of qualifications at many different levels.

We would also encourage that those students who have studied both French and Spanish in Year 8 to take a modern language at GCSE.

Supporting your child's education

Your interest and support in your child's work towards public examinations is crucial. Our advice to you, as parents and carers, is to do everything possible to ensure that your child is encouraged to meet all deadlines and commitments concerning their work. Project work and SAIL (homework) should have a level of priority over other out-of-school commitments.

In our opinion, students who undertake part-time employment in the evenings, weekends, or at other times leading up to public exams, seriously undermine their chances of success. We strongly discourage this. Equally, we believe that students do not easily make up work missed if they go on holiday during term time and we would advise you not to take them out of school for this reason.

It is also important that you maintain an area in your home suitable for study. Ideally, this should be in a quiet area free from distraction. A number of facilities at St Alban's are available at lunchtime and after school for students to use for quiet study. It is also important for you to attend the scheduled consultation evenings or specially arranged appointments concerning the progress of your child. The school will provide you with details of deadlines for all subjects where there is an element of practical or other exam based component to be met.

Please continue to keep the school informed, as early as possible, of any matters likely to affect your child, particularly if this will require extra support from the school.

Finally, during these very important three years we ask for your full support in accepting the school's rules and sanctions that exist to ensure that each student achieves their maximum potential.

Our Curriculum Offer

Core curriculum:

Religious Studies
Science

English Language/Literature
Physical Education

Mathematics
PYF and careers

Students also take subjects from the lists below:

Art and Design
Business Studies
Computing
Creative iMedia (Cambridge Nationals Level 2)
Design & Technology
Drama
Food Preparation & Nutrition
French
Geography
History
Music
Spanish
Sport (BTEC Level 2)
Textile Design

There will also be two Alternative Curriculum programmes available, ASDAN and LASER. You can find details of these programmes later in this booklet.

Information for students

This is a significant time in your education as you approach your GCSE courses and focus on your plans for the future. There are some important decisions to be made as you take responsibility for your own learning and development.

In the second half of the Spring term 2022, you will be finding out more about all the GCSE courses available and deciding which of the optional subjects will suit your needs best. Following your introduction to the Years 9 to 11 curriculum in extended assemblies, you will have time in form time to discuss the options available to you. You should discuss your choices with your parents and form tutor. You will also receive information on different courses through your normal subject lessons.

When you are making your choices you should be considering subjects:

- that you may need in the future,
- that you want to study,
- that you can manage and be successful in

You should **not** be considering subjects

- Because your friends are going to choose them
- Because you think they will involve less work
- Because you like the teacher you have now.

After the **Pathways Evening on Wednesday 27 April 2022**, you will be asked to complete your initial choices online. Details of the online process will be provided in the *Pathways* booklet.

You will see on the website that, in each block, you are required to make a 'reserve' choice. It occasionally happens that more students choose a course than we can accommodate, or insufficient students select a subject to make the course viable. When this happens we need to know what you would rather do instead. For this reason, you must think carefully about what you want to do if one of your main choices is unavailable and not just put down something for the sake of it. Wherever possible we will discuss any changes with you.

Make sure that your online choices are completed by **Wednesday 11 May 2022**. If you are having any difficulty with the online process your form tutor can complete the choices with you. There is a help section on pages 6 & 7 of this booklet to show how the system works. Once the process is complete and the choices are put into option blocks, parents/carers will be asked to approved the choices their child has made before they are finalised.

Parents/carers will be able to speak to teachers and students about the GCSE courses at the Curriculum Evening. If your parents still require a further discussion, they are welcome to telephone the school and discuss any concerns with:

The year 8 team – see next page for details

Mrs Arthur – Key Stage 3 Student Support Manager – harthur@st-albans.suffolk.sch.uk

Mrs Land – Key Stage 4 Student Support Manager – cland@st-albans.suffolk.sch.uk

Mrs Pickard - SENCO – cpickard@st-albans.suffolk.sch.uk

Mr Berry – Assistant Headteacher – nberry@st-albans.suffolk.sch.uk

Contact details

Head of Year 8

Miss C Bright – cbright@st-albans.suffolk.sch.uk

Year 8 team

8DO Mr M Donohue - mdonohue@st-albans.suffolk.sch.uk
8IB Mr M Ibrahim - mibrahim@st-albans.suffolk.sch.uk
8LO Miss F Lori - flori@st-albans.suffolk.sch.uk
8RB Mrs R Robinson - rrobinson@st-albans.suffolk.sch.uk
8SB Mr C Silburn - csilburn@st-albans.suffolk.sch.uk
8TO Miss J Tooke - jtooke@st-albans.suffolk.sch.uk

The Sixth Form

In selecting options for GCSE, students might find it helpful to consider what plans they have for the years ahead. Our Sixth Form offers a wide range of courses at Advanced level as well as other supporting qualifications. We have excellent facilities, a very supportive pastoral structure and a friendly, challenging environment. The Sixth Form is big enough to provide all the subjects that students are likely to need for further study and employment, yet small enough for everyone to know one another and be known by their teachers. All students follow an Extended Studies programme and are able to take up additional qualifications in Cambridge Pre-U (skills and techniques for university study), Core mathematics (mathematical skills required more many university courses), and an Extended Project Qualification. Students can also take resit GCSE Mathematics, Science and English.

We currently offer the following subjects:

GCE Courses

Art & Design	Graphics
Biology	Health and Social Care
Business and Economics	History
Chemistry	Law
Computer Science	Mathematics
Drama	Music
English Language	Photography
English Literature	Physics
Film Studies	Product Design
Financial Studies	Psychology
French	Philosophy and Ethics
Further Mathematics	Sociology
Geography	Sport and Physical Education
Government & Politics	Textiles Design

Mission Statement

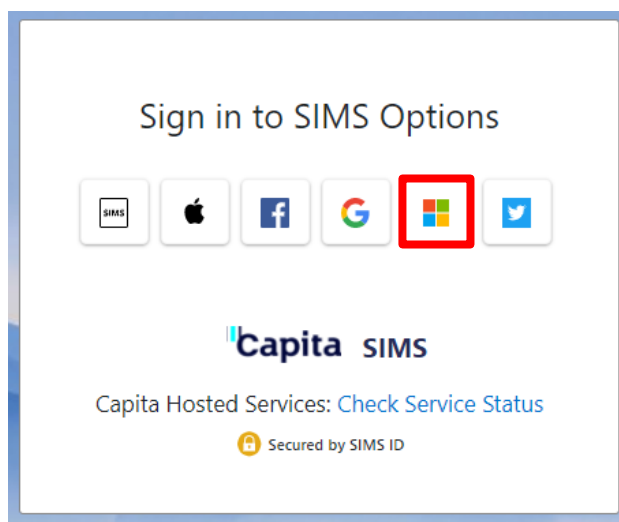
St Alban's Catholic High School strives to provide an excellent education for our students within a caring Christian community where all are respected, valued and supported to achieve their potential. We aim to inspire everyone with the strength and purpose to begin the journey of learning for life and to prepare our students to lead by their example in the modern world.

Using SIMS options online

You will receive an email **from SIMS** inviting you to register for SIMS Options Online. Please follow the instructions to register. You will be asked to click on a link. This will take you through a process that you need to follow carefully. If you have any problems, please speak to your form tutor or Mr Berry.

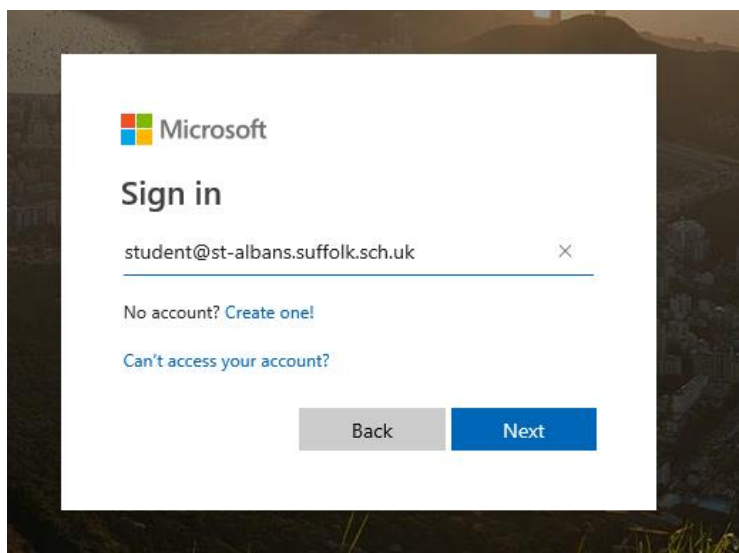
Once you have registered you will be able to go on to the SIMS Options Online website to complete your choices.

After you have registered, go to www.sims-options.co.uk



Click on the Microsoft symbol highlighted above to sign in with your school account

In username, type your school email address. An example is shown. Then click on “Work or school account”. If you have logged in before, the website may remember you from your last visit. In this case you will see your email address there already.



Then enter your **password**. This is the same as the password that you use to log in at school.

You will then see four sections like the one below:

Block C

You have chosen 0 of 1 courses and 0 of 1 reserves from this list

Art & Design GCSE 9 - 1 Full Course <small>This course is also available in other lists.</small>	Business Studies GCSE 9 - 1 Full Course <small>This course is also available in other lists.</small>	Computer Science GCSE 9 - 1 Full Course <small>This course is also available in Block A</small>
Drama GCSE 9 - 1 Full Course	Geography GCSE 9 - 1 Full Course <small>This course is also available in other lists.</small>	Spanish GCSE 9 - 1 Full Course <small>This course is also available in Block A</small>
Food & Nutrition GCSE 9 - 1 Full Course <small>This course is also available in Block D</small>	Textile Design GCSE 9 - 1 Full Course	

Click here to make a main choice

Click here to make a reserve choice

You should choose one main choice for each Pathway block. These will be highlighted in blue. You should also make a reserve choice in each block, which will be highlighted in orange. Reserve choices will only be used if a course is full or cannot run. In this case either Mr Berry or Miss Bright will speak to you.

If you have completed each block correctly, you will see two green ticks at the top of each block. You should also see your choices in the section on the right. The website will allow you to change the order of preference if you wish. This would be useful if there is a subject that you are particularly keen to study. Click on the subject you wish to move and follow the instructions on the screen.

My Choices in Order of Preference (Total Choices: 4)

To change your order of preference select a choice and click the position in the list you would like to move it to.

- 1 Art
GCSE 9 - 1 Full Course Block C
- 2 Computing
GCSE 9 - 1 Full Course Block D
- 3 Geography
GCSE 9 - 1 Full Course Block B
- 4 Spanish
GCSE 9 - 1 Full Course Block A: Separate Sciences

My Reserves in Order of Preference (Total Reserves: 4)

To change your order of preference select a reserve and click the position in the list you would like to move it to.

- 1 History
GCSE 9 - 1 Full Course Block B
- 2 Music
GCSE 9 - 1 Full Course Block C
- 3 Food & Nutrition
GCSE 9 - 1 Full Course Block D
- 4 German
GCSE 9 - 1 Full Course Block A: Separate Sciences

If you have any difficulty logging in to the website or have any other questions, please speak to your form tutor or come to Mr Berry's office in the old sixth form block (ground floor just inside the door).

Please complete your choices by 3.30 pm on **Wednesday 11 May 2022**. The website will close at this point. You may still speak to form tutors or Mr Berry after this date if there are any issues.

Careers Education, Information and Guidance

The careers education programme has been developed to help you, the student, make an informed decision about your future life and career, both during your time at St Alban's and after you leave. The following facilities will assist you with that plan:-

- All students have access to the Careers Library held in the Careers/Exams Office. – There is a wide range of literature covering many different career options.
- In addition, students are encouraged to register on the icanbea... website. Icanbea.... is an online careers service which gives information that students need to make important decisions about future careers and what subjects, courses and training they can do to reach their career destination.

If students are unsure which careers they may be interested in, icanbea.... can give ideas based on likes and dislikes and can also discover what careers subjects they are studying can lead to. Packed with information on what employers are looking for, potential earning and qualifications required.

- Careers Education, Information and Guidance (CEIAG) is an integral part of the Year 10 and 11 Planning for Your Future (PYF) programme. For example C.V. Writing/hands-on workshops.
- Xello - All students are able to access Xello – a complete interactive career platform. There are lots of skills assessments to help them better understand their unique interests, skills, and strengths. Each engaging assessment encourages reflection, helping students connect who they are with relevant career options. We encourage all students to access this platform.
- We also have a lot of information for students on our school website to help you develop your skills, research more information about jobs and careers.
- St Alban's also hold regular Career Insight Talks, led by industry experts, our own fantastic alumni as well as leading academics. It is hoped that the presentations will further help in the decision making for university courses and future careers. This is an ideal opportunity for our students to network with local, national and international employers.
- Throughout the year, we have local Colleges and Amazing Apprenticeships Team visiting and offering one to one advice and workshops to students.
- The highlight of the year is our Careers Fortnight, which is packed with workshops, guest speakers, presentations and activities and aims to really inspire students about their futures
- St Alban's School provides every Year 11 student with the opportunity of a personal 1:1 interview with a Level 6 qualified careers advisor to discuss their Sixth Form, Higher Education and career plans.
- The careers advisor is also available to talk to younger students and is available during the school day. Students are welcome to pop into the office anytime to ask for help/support.
- Parents/carers are encouraged to take an active role in guiding their child's choice with regard to decisions made in Years 9, 10 and 11.



Mrs Shemming, Careers Lead

mshemming@st-albans.suffolk.sch.uk

Preparing for Your Future (PYF)

(includes PSHEE and Citizenship themes)

Aims

We aim for pupils to become rounded citizens who are ready for the opportunities, responsibilities and experiences of modern Britain.

Preparing for Your Future lessons (PYF) are where pupils are given opportunities to explore the challenges and tasks of making sense of becoming a citizen, a citizen who can lead and inspire others and contribute to our society. These lessons are taught mainly by form tutors, other teachers and visiting speakers.

Students have a specific PYF lesson each term in addition to regular extended registrations. Topics are wide ranging, and include relationships, managing emotions, parenting, budgeting, healthy minds, health and safety, online safety, careers, drugs and alcohol, legal systems, how to run a country (mock elections, democracy), healthy lifestyles and citizenship (identity).

As students reach Year 10 and 11 lessons have a particular emphasis on students taking responsibility for their decisions and choices, and preparing them for life after GCSEs. Students will have opportunities to write CVs and practise interview skills. Other topics include how to run a country (democracy, mock elections, voting systems), global citizenship issues, financial capability, relationships and first aid awareness

Additional leadership opportunities

We encourage students throughout the school to take on responsibilities of leadership, from Year 7 onwards students can become Student Voice representatives, joining other students to represent the student voice and help improve the school, or House representatives who support the House system and have a key role in planning and supporting charity events.

Students in Year 10 can also apply to become peer supporters and take on responsibilities within the school for supporting and leading other students. For example, they can help in tutor time, with sports clubs and by mentoring younger students. Training takes place at the end of Year 9, to prepare them to help and support younger students, especially in Years 7 and 8. They will work with a particular tutor group throughout the year, and support the form tutor by helping in various ways during registration. This is a great opportunity for students to develop skills, and a fantastic addition to their CVs. It can also count towards the voluntary service section of the Duke of Edinburgh's Award.

Students in Year 11 are encouraged to apply for the National Citizenship Service scheme (NCS), and can also apply to be Prefects taking on responsibilities within school.

Mrs Marcus
fmarcus@st-albans.suffolk.sch.uk

Religious Studies

AQA

Aims

Religious Studies is central to our curriculum at St Alban's. It is a demanding academic subject, which fosters personal reflection and exploration of deep questions about the meaning and purpose of life. The course helps students to develop their own informed opinions and to grow in maturity intellectually, spiritually and morally. They will learn to evaluate important issues; relevant both inside and outside the classroom, and to listen to and respect the views of others. They will apply both scripture and church teaching to aspects of Christian life today and will learn about the approach taken to moral problems by another world faith.

Content

We follow the AQA GCSE Religious Studies Course B (Route A). This comprises two components:

Component 1: Catholic Christianity - This unit requires students to study the Catholic beliefs, teachings, practices, sources of authority and forms of expression in relation to six topics: creation, incarnation, the Triune God, redemption, church and eschatology.

Component 2: Perspectives on Faith - This unit includes the study of a second religion, in this case, Judaism and the application of Catholic Christianity to two themes: *Religion, relationships and families* and *Religion, Human Rights and Social Justice*.

Examination Requirements

There will be two examinations of 1 hour and 45 minutes for each of the components. Each exam will consist of four five-part questions. All questions will need to be answered and half the marks in each question will require essay-style responses. In both exams, marks are awarded for spelling, punctuation and grammar. Quality of written communication is also given significant weight. Both exams are taken in Year 11.

Input and commitment from students

This is a demanding course that will require pupils to be fully engaged inside the classroom and when undertaking independent work at home. SAIL will include investigation, reviewing notes, preparation for questions, some reading and learning of key terms. The GCSE course will provide a firm foundation for the Religious Studies A level, which further develops insight into Theology, Ethics and Philosophy of Religion.

Support from school

In addition to timetabled lessons, students can expect differentiated lessons and resources to assist their learning. They will be expected to participate in extended projects and intervention sessions to broaden their knowledge. There are also targeted groups to ensure the work is accessible and manageable at all times. If students are unsure about any aspect of their work, they can ask any member of the department for assistance.

Support from parents/carers

The key skill developed in RE is the ability to form reasoned, balanced argument. With this in mind parents can support students by taking an interest in the work they do and discussing it. In this way the students will improve their ability to make their case and listen to others. Some awareness on news and current affairs relating to the themes will also benefit the student.

Opportunities for the future

The skills developed through RE will be invaluable for A Levels as an evaluative and thoughtful approach will be useful in all areas of academic study. A level philosophy, ethics and theology is a popular and sought after qualification for university candidates and careers alike.

For further details, please contact Mrs Gilson
cgilson@st-albans.suffolk.sch.uk

English language and English literature

AQA (8700/8702)

Aims

The English Department seeks to develop reading, writing and speaking skills to the full. Through the study of literature, emotional and cultural horizons will be broadened, enabling students to respond more sensitively to the world around them. Sound communication skills are essential in today's society and we strive to encourage all our students to be life-long learners.

Content

English language

Paper 1 - Explorations in creative reading and writing:

- Reading: questions on one literature fiction text.
- Writing: one extended writing question – descriptive or narrative.

Unit 2 – Writers' viewpoints and perspectives:

- Reading: linked questions on one non-fiction text and one literary non-fiction text.
- Writing: one extended writing question – to present a viewpoint.

Non-examination assessment: Spoken Language

- Assessment on: presenting, responding to questions and feedback and use of Standard English.

English literature

Paper 1 – Shakespeare and the 19th Century novel:

- Shakespeare: one question on a play of choice.
- 19th Century novel: one question on a novel of choice.

Paper 2 – Modern texts and poetry:

- Modern text: one question from a choice of two on a modern text of choice.
- Poetry: one comparative question, comparing an unseen poem with one from the studied anthology.
- Unseen poetry: one question on an unseen poem and another comparing it with a further unseen poem.

Examination Requirements

English Language: Paper 1 - 1 hour 45 minutes, Paper 2 - 1 hour 45 minutes

English Literature: Paper 1 - 1 hour 45 minutes, Paper 2 - 2 hours 15 minutes

Input and commitment from students

One substantial piece of SAIL is set each week, but tasks will be varied and will not always require a written response. Students should see both GCSEs as being an enjoyable and valuable experience that will provide them with skills for life. They are also essential preparation for English language and literature A levels.

Support from school

Students in Year 11 will be offered revision lessons in order that they can achieve their targets. Where a student is falling below their expected target level these will be compulsory.

Support from parents/carers

Encouraging your child to read on a regular basis is the very best way in which you can support your child in these subject areas.

Opportunities for the future

A good GCSE in English language and/or English literature will allow a student to be able to continue study in any A Level. Both subjects are highly regarded by employers and will allow a student to enter any profession.

For further details, please contact Mrs Barber
ebarber@st-albans.suffolk.sch.uk

Mathematics

Pearson Edexcel (1MA1)

Aims

The Maths Department aims to provide all students with the skills necessary for life and intends that most of them will advance much further into the world of mathematics, enjoying it for its own sake and having confidence to apply it to other subjects and situations.

Mathematics classrooms should be places where students believe:

- Everyone can do well in maths.
- Mathematics problems can be solved with many different insights and methods.
- Mistakes are valuable; they encourage brain growth and learning.

Content

The mathematics syllabus includes sections on number; algebra; ratio, proportion and rates of change; geometry and measures; probability and statistics. This builds on the work covered in previous years. There are two levels of examination entry. The Higher Level papers include work which prepares students for Maths and Further Maths A Level. The Foundation Level papers provide a good background for post 16 courses in several subjects particularly geography, sciences, technology, psychology and business studies.

Examination Requirements

There are three examinations in the summer of Year 11. The first is non calculator and the other two require a calculator. Each paper lasts for 90 minutes and can include any of the subject content.



Input and commitment from students

Students are required to complete a 40-50 minute homework weekly in Years 10 and 11. They will be given at least two days to complete homework and should attempt it on the day it is set so that help can be sought before the deadline. Any students experiencing difficulties with a topic are expected to seek help from the maths staff as soon as the problem arises.

A level of competence in mathematics is important for many post 16 courses. It is a requirement of most employers. In addition to GCSE Maths, the top set may have the opportunity to study for an extra qualification called Further Mathematics. This course places an emphasis on higher order mathematical skills, rigorous argument and problem solving skills.

Support from school

Staff are always available to offer support and guidance and we would encourage students to seek help if they have difficulties with homework or they are having difficulty within the lesson.

Support from parents/carers

Parents and carers should monitor whether their child is completing the homework, which can be viewed on ClassCharts and should take an interest in what they are studying in the lesson and encourage a positive attitude towards the subject.

Opportunities for the future

On one hand mathematics deals with highly abstract topics which require considerable imagination combined with the discipline of 'proof'. On the other hand mathematics underpins virtually all the practical developments in science, computing and economics which have formed our modern world. A level Mathematics gives you the opportunity to study topics such as geometry, calculus and trigonometry (pure mathematics) and to use these ideas within the 'applied' topics such as mechanics and statistics. Mechanics is strongly linked to Physics and builds on ideas of motion and forces to work out how and why objects move. Statistics is a key skill used in A-level subjects such as Geography, Psychology and Sociology.

For further details, please contact Mr Silk
rsilk@st-albans.suffolk.sch.uk

Science

Pearson Edexcel

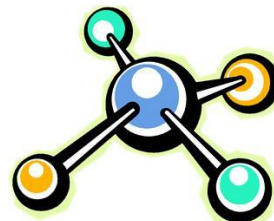
Aims

To encourage students to acquire a systematic body of knowledge and the skills needed to apply this in new and changing situations. To acquire an understanding of scientific ideas, how they develop and the factors which may affect their development and limitations.

Content

We follow the Pearson Edexcel GCSE (9-1) Science specification at GCSE. This has two possible routes for students to follow:

- Triple Science (Biology; Chemistry and Physics)
- Combined Science



All Year 9 students will start by studying the Combined Science pathway. Throughout the course they will complete half termly assessments. The results from these will help determine which pathway and tier would be most suitable for them to follow. In year 10, we begin the teaching of the triple award content to students who have been selected for Triple Science.

Examination Requirements

Combined Science – Students sit six externally examined papers at the end of Year11:

Biology papers 1 and 4, Chemistry papers 2 and 5, Physics papers 3 and 6.

Each paper lasts 1 hour and 10 minutes and is available at Foundation (grades 1-1 to 5-5) and Higher tier (grades 4-4 to 9-9). Students must complete all papers in the same tier.

In addition, students carry out 18 core practicals which ensure that they become familiar with a range of practical, observational and data analysis techniques. These are carried out within lessons. Successful completion of the course results in the award of two GCSEs in Combined Science.

Triple Science – Each science discipline covers the content from the combined science course plus additional material. For each discipline the students sit two externally examined papers. Each exam paper lasts 1 hour and 45 minutes.

In addition, for each discipline, there are 8 core practicals which ensure that they become familiar with a range of practical, observational and data analysis techniques. These are carried out within lessons. Successful completion of the course results in the award of three GCSEs, one each in Biology, Chemistry and Physics.

Input and commitment from students

Students will be tested regularly to monitor progress. It is expected that students undertake to complete homework, meet deadlines, and study seriously throughout the course.

Support from parents/carers

Parents /carers can provide a work place conducive to work, e.g. quiet and no distractions to facilitate pupils developing good study skills, and encouraging focused revision for regular half termly assessment exams. All students will be enrolled on the Pearson Active Learn site which provides access to the course text book and a variety of resources are available via teams.

Opportunities for the future

Biology, Chemistry and Physics A levels are available to all students following Combined Science or Triple science providing they attain the requisite grades. Any of the sciences can be taken in conjunction with any other subjects, but they form a natural partner with Mathematics and Further Mathematics. A levels in sciences open doors to a huge range of degree based courses at Universities from Astrophysics to Zoology and on to wide variety of related career opportunities.

For further details please contact Mrs J Codd
jcodd@st-albans.suffolk.sch.uk

Physical Education (Core)

All students in Years 10 and in Year 11 participate in Physical Education (PE) lessons, as laid down in the National Curriculum.

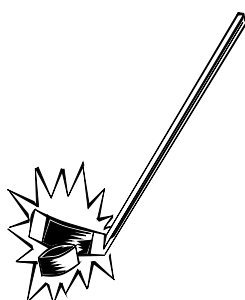
Aims

Included in the aims of the course are:

- striving to perform at the highest level possible in various activities;
- to show evidence of thoughtful planning, accurate observation and perceptive evaluation of their own performance, and the performance of others, and to make sound judgements when selecting what to do in any particular aspect of PE, be it performer, coach, choreographer, leader or official.



Content

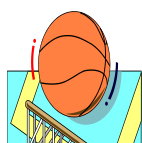


The PE programme in Year 10 currently offers football, badminton, volleyball, rugby, fitness studies, athletics, and striking games.

As well as these activities in Year 11 the department also offers activities such as basketball and netball.

Input and commitment from students

By providing a wide variety of choice the PE department gives all students every opportunity and encouragement to achieve their individual potential. In return we expect students to commit themselves fully to the work.



In Year 11 more responsibility is given to students and they are encouraged to help run junior clubs, organise their own tournaments and participate in refereeing and umpiring.

Competence in PE is a good starting point for a career in the Sport and Leisure industry. It is also good for character building and raising student expectations. The view the students have of their competence gives them the confidence to get involved in exercise and activity out of school and in later life.

For further details please contact Mr Roche
aroche@st-albans.suffolk.sch.uk

Alternative Curriculum

ASDAN

The ASDAN Personal Development Programmes are ways of developing, recording and certificating a wide range of young people's personal qualities, abilities and achievements, as well as introducing them to new activities and challenges.

We offer Bronze Award (6 credits) in Year 10, and Silver Award (6 Credits) in Year 11. Year 9 Pathway year is used to acquire skills needed for the course and to deliver other interventions (e.g touch typing, fine motor skills, memory and processing, social skills, presentation skills and group work skills)



The Personal Development Programmes feature 12 modules. Each learner works from their own student book and compiles a portfolio of evidence to show what they have done. There are no exams and the awards do not count as a formal qualification.

Students plan and review their work at key points, explaining how they have developed their skills in six areas: Ability to learn; Teamwork; Problem solving, IT skills; Literacy; and Numeracy.

The course covers modules in: Communication; My community; Sport and leisure; Independent Living; My environment; Number handling; Health and wellbeing; World of work; Science and technology; The wider world; Expressive arts; Beliefs and values. We include visits to the local area as well as lots of practical and creative activities within the course.

The course is suitable for students who are working at a predicted 1-2 or below at GCSE and who would benefit from a curriculum with a mix of GCSEs and alternatives to GCSEs.

Mrs Pickard (SENCO) will contact parents / carers of students that have been identified as potential candidates for this course.

Laser Learning

Learning, Employability and Progression



LASER's Learning, Employability and Progression (LEAP) suite of qualifications offer a wide variety of personal development and vocational taster units. LEAP has been designed with flexibility in mind. The suite of qualifications provides centres with the autonomy and freedom to select units and combinations of units that suit learners' particular needs. The qualifications are ideal for those who require a truly individualised curriculum.

There are seven sizes of qualification at each level (Entry 3 and Level 1). The qualifications are nested, so that units in a smaller qualification can count towards larger qualifications within the same suite. All units appear in all qualifications in the suite. The recommended number of guided learning hours is between 15 and 370 hours, depending on the qualification and units chosen. The rules of combination have been kept simple with no core units. This allows courses to be structured to fulfil individual learner needs, promote engagement and retention and boost learner confidence. Learners are required to build a portfolio of evidence and are assessed in terms of meeting the criteria stated in each unit.

Example learning outcomes from our current course include:

- Be able to plan an enterprise activity
- Understanding the costs of producing the product or service and what prices to charge.
- Be able to produce a product or service
- Be able to produce a poster to advertise a product or service

For further details, please contact Mr. M. Pattinson

mpattinson@st-albans.suffolk.sch.uk

Art and Design

Pearson Edexcel

Aims

The GCSE course encourages an adventurous and enquiring approach to Art, Craft and Design. The aim of the programme in Year 9 is to allow you to experience how to respond to different artists in more depth whilst learning a wide range of new practical skills to support the transition into GCSE. During the course you will extend your visual skills in Art, Photography and across other creative approaches exploring a diverse range of practical work using 2D, 3D and digital techniques. The course celebrates imagination, creativity and independence and aims to foster a love for Art in all disciplines.

GCSE Content

The **Personal Portfolio** coursework is split into two main themes and preparation for these will begin at the end of Year 9 where you develop key skills needed for each of the components. The GCSE course is focused on two main projects:

Structures An introductory theme that allows students freedom to interpret new artist techniques including drawing approaches (traditional and digital), painting, paper art, printmaking, mixed media, ceramics and sculpture. Photography and darkroom lesson are also built into Year 10.

Thematic approach A focused theme that allows students to revisit previous skills and develop approaches in a discipline of their own choice.



Examination Requirements

Assessment: **60% personal portfolio and 40% examination.** Students will work within a sketchbook and show evidence of all four assessment objectives throughout the course. All preparatory and experimental work will be recorded within the sketchbook to demonstrate personal approaches and understanding of the artists explored. Students then select the best of their coursework for assessment of the Personal Portfolio. The final exam is 10 hours with all preparation will be completed before the exam begins.

Input and commitment from students

The course will suit students that are creative, enthusiastic and are keen to learn more about the visual world. There are no essays, no revision; just experimental, visual and practical work. We will expect you to be ambitious and creative in your approach to practical work and work independently. Your class work will also be supported by trips to galleries and engaging with practicing artist through different workshops and creative events outside of school.

Support from school

In addition to timetabled lessons we offer different art clubs with 1-1 support, a sixth form mentoring programme and masterclasses based on skills and focused techniques. The key to success is different opportunities to engage with other artist and share your experience beyond the classroom including exhibiting your work both digitally and as part of a main school creative exhibition.

Support from parents/carers

Supporting document will be available for parents/carers on the school website. We also ask for parents/ carers to support attendance and extra sessions and also to purchase sketchbooks and materials for the course.

Opportunities for the future

Art and Design gives you freedom and opportunities to have a successful creative career. We celebrate and promote different career paths for all our creative students. GCSE Art is an interesting and enjoyable subject for students to pursue leading to a wide variety of visual career choice including architecture, advertising, animatronics, concept art, games design, illustration, fashion design, photography, visual editorial work, set design and much more.

For further details please contact Mrs Wright
awright@st-albans.suffolk.sch.uk

Business Studies

Pearson Edexcel

Aims

This qualification is structured into two themes, taking students from how entrepreneurs start businesses. Investigating a small business (Theme 1) and building a business (Theme 2). There are two equally weighted exam papers, focusing on each specification theme.

Content

Theme 1 concentrates on the key business concepts, issues and skills involved in starting and running a small business. It provides a framework for students to explore core concepts through the lens of an entrepreneur setting up a business.

Theme 2 examines how a business develops beyond the start-up phase. It focuses on the key business concepts, issues and decisions used to grow a business, with an emphasis on aspects of marketing, operations, finance and human resources. It also considers the impact of the wider world on the decisions a business makes as it grows.

Examination Requirements

The course consists of two externally examined papers.

Both papers are a written examination: 90 minutes 50% of the qualification each (90 marks)

On both examinations, the paper is divided into three sections: Section A: 35 marks: Section B: 30 marks: Section C: 25 marks. The paper will consist of calculations, multiple-choice, short-answer and extended-writing questions. Questions in Sections B and C will be based on business contexts given in the paper. Calculators may be used in the examination.

Input and commitment from students

If you enjoy communicating and explaining your ideas, thinking creatively and making decisions, working with numbers to solve business problems and learning about the world of business through real and relevant local and international brands, then the GCSE Business course is the right subject for you. It is essential that students meet all deadlines including the completion of homework tasks and ensure that all exam related preparation commitment are fulfilled.

Support from school

There will be many opportunities to follow a mixture of formally taught lessons as well as opportunities to work in small groups and contribute collectively to solving various business related problems. There are educational visit opportunities to access local businesses and access external support from guest speakers and external exam focussed support. In Year 11 we run 'Business surgeries' drop-in sessions on a weekly basis and designated targeted revision support on a weekly basis based on the needs of individuals.

Support from parents/carers

We encourage all parents/carers to engage with their child's studies and welcome any suggestions that enhances our links with parents who have well established business links. There are bespoke course and revision materials available including work books and past paper exam resources that students can access online.

Opportunities for the future

After this qualification you'll understand the world of business. It's also a great step preparing you for further and higher education such as A levels and BTEC courses. A GCSE Business course could help prepare you for an entrepreneurial role and help you to gain an understanding of what is involved in a business-related profession, like accountancy, law, marketing or the leisure and tourism industry.

For further details, please contact Mr Donohue
mdonohue@st-albans.suffolk.sch.uk

Computer Science

OCR J277

Aims

The GCSE in Computer Science encourages students to develop their understanding and application of the core concepts in computer science. Students also analyse problems in computational terms and devise creative solutions by designing, writing, testing and evaluating programs



Content

The GCSE Computer Science qualification will assess students learning and skills via two examinations at the end of Y11. Students are required to produce evidence of their skills and understanding of different concepts by answering exam questions and producing pieces of code written in Python.

Examination Requirements

Component 1 – Exam – J277/01 – Computer Systems	1h 30m (non-calculator) 50% of the qualification
Component 2 – Exam – J277/02 – Computational thinking, algorithms and programming	1h 30m (non-calculator) 50% of the qualification

Input and commitment from students

Ideally students will be aiming to get a B grade in Mathematics or Science to enable them to understand/access much of the course. For students to succeed it would help if they had an interest for computers (wanting to know how it works) and have a passion for problem solving. It must be said that the course is not about making games, as this is sometimes a misconception.

Support from school

Teacher always on hand via email. Revision classes can be arranged for 1-to-1 or multiple if deemed necessary.

Support from parents/carers

- Keywords to revise - <https://quizlet.com/StAlbansMrR/folders/j277-gcse-computer-science/sets>
- Learn how to code in python - <https://www.sololearn.com/> (you can use this website with self testing to get a basic idea of what python programming is all about)
- Teaching activities/Quizzes - <https://www.ocr.org.uk/qualifications/gcse/computer-science-j277-from-2020/planning-and-teaching/>
- The CGP textbooks we use in class (blue and white books) which we also sell at the start of Y10- <https://www.cgpbooks.co.uk/secondary-books/gcse/computer-science/cocub42-gcse-computer-science-ocr-revision>

Opportunities for the future

This qualification would usually lead onto further study in computer science for A-level, but would complement other subjects such as iMedia, science, mathematics and graphics. With computers never being more relevant, then progression on from this subject speaks for itself!

For further details, please contact Mr Robinson
irobinson@st-albans.suffolk.sch.uk

Creative iMedia

OCR Cambridge Nationals J834

Aims

Digital media connects people in ways never before possible, enabling users to maintain relationships across time and distance; it allows new working practises and can help create new business opportunities on a truly global scale. The explosion of media platforms (think FB, Instagram, Netflix, Prime Video and so-on), and the millions of opportunities that the internet offers is a vital ingredient for our world today and to future economies.

A Cambridge National Certificate in Creative iMedia is a nationally recognised qualification (equivalent to Btec) that introduces students to this world vocationally, and in an engaging and practical way. This qualification will equip students with a range of creative media skills and provide opportunities to develop, in context, desirable, transferable skills such as research, planning, and review, working with others and communicating creative concepts effectively.

Content

You will study 2 mandatory units and choose 1 optional unit.

The two mandatory units are:

Unit R093: Creative iMedia in the media industry. This is assessed by taking an exam. In this unit you will learn about the media industry, digital media products, how they are planned, and the media codes which are used to convey meaning, create impact and engage audiences. Topics include:

- o The media industry
- o Factors influencing product design
- o Pre-production planning
- o Distribution considerations

Unit R094: Visual identity and digital graphics This is assessed by completing a set assignment. In this unit you will learn to how to develop visual identities for clients and use the concepts of graphic design to create original digital graphics to engage target audiences. Topics include:

- o Develop visual identity
- o Plan digital graphics for products
- o Create visual identity and digital graphics

The 5 optional units are:

Unit R095: Characters and comics

Unit R096: Animation and audio

Unit R097: Interactive digital media

Unit R098: Visual imaging

Unit R099: Digital games

Input and commitment from students

It is very important that students have an inquisitive nature to exploring and learning about the capabilities of online applications, especially creative software suites. Creativity is the main focus and therefore will appeal to creative students wishing to enter the Digital Creative Industry. To succeed in this subject students do need access to a home computer and internet to help with research and to view tutorials, however there is no demand for parents to purchase specialist software as the school uses the industry standard Adobe Creative Suite.

Opportunities for the future

This qualification is an excellent way to build a digital portfolio to access higher-level creative courses at either university or college and is the first step into a future digital media career.

For further details, please contact Mr M. Pattinson
mpattinson@st-albans.suffolk.sch.uk

Design and Technology

AQA

Aims

Our aim is to encourage a passion for all things creative and design-inspired. Design and Technology skills are highly prized in industry and can lead to successful careers including, but not limited to, TV, film and advertising, publishing, games design, product design, architecture, engineering, fashion, construction.

Content

Year 10 Students will be taught the **core knowledge** of design and technology:

- Problem solving, context and usability
- Development and new technologies
- Sustainability
- Materials properties, processes and finishes
- Joining materials and structure
- Motion and simple electronics
- Digital design and data representation



Year 11 students can specialise for their **iterative challenge** in:

- Graphic Design
- Product Design
- Resistant Materials
- Textiles

Examination requirements

The GCSE is 50% examination (core knowledge) and 50% coursework (iterative challenge)

Input and commitment from students

The course builds on and extends skills acquired throughout KS3. Having ideas and being able to communicate those ideas is important.

Support from school

- We focus on designing, developing and making products that people use.
- We use state-of-the-art manufacturing technologies to make our products.
- You will learn practical skills to problem-solve real issues including “live” projects and competitions.
- You will become proficient in the use of professional imaging software (Adobe CS)
- You will gain experience of a range of tools and materials including “smart” materials.
- You will access CAD/CAM technologies such 3-D Printing, Laser cutting, vinyl cutting, embroidery machines, milling machines, chromoblast and sublimation printing.
- You will be taught by a team of teachers with industrial experience in multimedia applications, textiles art, freelance graphic design, product design and pattern cutting.

Support from parents/carers

Encourage their children to draw, record, photograph, and observe. An enquiring mind is a design mind.

Opportunities for the future

The school offers 3 related A' Levels in Graphic Communication, Textiles or Product Design. Both the [Royal Academy of Engineers](#) and the [Design Council](#) consider D&T to be a vital subject for growth in their industries. The need for those with [science, technology, engineering and maths qualifications](#) is regularly in the news and high on the government's agenda. Companies such as the [James Dyson Foundation](#) have influenced what is taught in D&T lessons.

*For further details, please contact Mr. M. Pattinson
mpattinson@st-albans.suffolk.sch.uk*

Drama

OCR J316

Aims

GCSE Drama is about working together, developing excellent communication and creative skills whilst preparing you for a smooth transition to A level. The course content allows you to challenge yourself in a safe and dynamic environment. This new qualification focuses on the practical exploration of performance texts.

Content and Examination requirements

There are three components to the course.

- **Component One - devising - 40% of the GCSE** - In groups you will create and develop a devised piece from a stimulus provided by your teacher. You will then perform this piece to an outside audience. Alongside this you will provide a written portfolio that analyses and evaluates the devising process and performance. If you wish you can take the design route rather than the performance route.
- **Component Two - Performance from Text - 20% of the GCSE** - You will either perform in and/or design for two key extracts from a performance text. This will be either a monologue, a duologue or in a group for each of the extracts. If you would rather do design/production work, that route is available too. The performances will be in front of a live audience and examined by an external examiner.
- **Component Three – Written Examination – 1 hour 30 minutes - 40% of the GCSE** - The written examination will involve answering questions on a performance text we have explored and studied practically. You also will have been to see live theatre and will need to evaluate the production you have seen in the examination. You are allowed to take in some general notes with regards to the live theatre production into the exam.

Input and commitment from students

GCSE Drama is an enjoyable but demanding course which incorporates practical and written work. It encourages and develops self-confidence, self-awareness, communication, self-discipline and analysis. You will need a desire to use both creative and analytical skills and it is essential that you can work as part of a team. Full commitment to the course is required both inside and outside of lessons. After school rehearsals and theatre trips are essential.

Support from school

Staff will support students with individual target setting, peer support and evaluation, self-reflection, one to one tutorials and extra sessions after school as and when necessary.

Support from parents/carers

As a department we ask that parents support their children in attending after school rehearsals and completing SAIL work on time. It is invaluable for parents/carers to attend parents' evenings and to encourage their children to share class and SAIL work with them to help avoid work build up and loss of focus. We expect students to behave in a respectful and purposeful way at all times in order to develop trust.

Opportunities for the future

With GCSE Drama it is possible to go on to study for A Level. The 'soft' skills you learn in GCSE drama will be of enormous benefit to you in your future – team building, empathy, confidence, creativity and problem solving. The creative industries employ over 2 million people and is the fastest growing area of the British economy.



For further details, please contact Mr Silburn
csilburn@st-albans.suffolk.sch.uk

Food and Nutrition

Eduqas

Aims

This new GCSE Food Preparation and Nutrition is an exciting and creative course which focuses on practical cooking skills to ensure students develop a thorough understanding of nutrition, food provenance and the working characteristics of food materials. At its heart, this qualification focuses on nurturing students' practical cookery skills to give them a strong understanding of nutrition.

Content

Food preparation skills are integrated into five core topics: Food nutrition and health, food science, food safety, food choice, food provenance.

Students will learn through both practical investigations and theory based lessons. Students will be expected to plan and prepare their practical investigations and provide their own food ingredients.

Examination requirements

In Year 10 the pupil's practical skills will be assessed and various projects will be complete to test their knowledge and understanding.

In Year 11 students will be assessed by an exam and coursework.

- **Written exam – 50% of overall GCSE**
- **Food investigation task – 15% of overall GCSE.** Students explore and present a written report on the working characteristics, functional and chemical properties of ingredients.
- **Food preparation task – 35% of overall GCSE.** Students produce a report evidencing their knowledge, skills and understanding in relation to the planning, preparation, cooking, presentation of food and application of nutrition related to the chosen task. Students will prepare, cook and present a final menu of three dishes within a single period of no more than 3 hours, planning in advance how this will be achieved.

Input and commitment from students

A desire to understand the principles of cooking and the science behind the ingredients, not just 'cooking' is essential. Students who take the course must understand that theory plays an important role to help build their knowledge and understanding of the core topics. Coursework plays an important role in order to achieve a successful GCSE grade so pupils need to be able to focus in order to complete the tasks set. No prior knowledge is essential but a commitment is required from both pupils and parents to provide ingredients* on a weekly basis.

Support from school

Students will be provided with a course work booklet for each unit of work, these also make ideal revision guides in year 11. Pupils will also be provided with login details for the Illuminate GCSE FPN online web book which details the whole GCSE and is ideal to support the learning inside and outside of the classroom. Afterschool sessions may be held to support the learning and revision sessions in year 11 will run weekly both at lunchtime and afterschool.

Support from parents/carers

Pupils will need the support of parents and carers by providing the ingredients* required for practical lessons. Also, encouragement at home to get more involved with the shopping and cooking of meals etc. so that they can develop their confidence.

Opportunities for the future

Upon completion of this course, students will be qualified to go on to further study, or embark on an apprenticeship or full time career in the catering or food industries. This course would also support future careers in health and social care, sports and medical professions. Students will develop transferable skills such as independent learning, communication and problem solving to support other subjects and careers.

For further details, please contact Miss Dowe
ldowe@st-albans.suffolk.sch.uk

Geography

Eduqas (B)

Aims

The course looks at issues around us which develop knowledge, the mastering of skills and an understanding of key ideas in modern geographical thinking. The values and attitudes of people are assessed to allow students to develop their own informed opinions. WJEC Eduqas GCSE Geography B adopts a problem solving approach to the study of interactions between people and their environment. Students will develop skills of interpretation, analysis and evaluation. They will become critical learners when considering a range of viewpoints, values and attitudes. They will develop the ability to solve problems and justify their decisions. All of this is achieved whilst learning about a variety of places in the UK, Europe and Globally.

Content

Component 1 will assess the three compulsory themes:

Theme 1: Changing Places – Changing economies (Urban and rural processes and change in the UK, Urbanisation – cause and effect and A global perspective on development issues).

Theme 2: Changing Environments (Coasts and their management, Rivers and their management, weather and Climate, Climate change – cause and effect).

Theme 3: Environmental challenges. (How ecosystems function, Ecosystems under threat and water supply and demand).

Component 2 - Problem solving paper. An Issue is introduced, a number of possible solutions are suggested and then students choose a solution and justify their choice.

Component 3 – Applied Fieldwork Enquiry.

Fieldwork is an essential part of the course. Students will be given the opportunity to take part in fieldwork where they will expand their skills of data collection and learn how to present and analyse data collected.



Examination requirements

There are 3 written examination papers:

Component 1 (40%): Investigating Geographical Issues. **Written Examination:** 1 hour 45 minutes

Component 2 (30%): Problem Solving Geography. **Written Examination:** 1 hour 30 minutes

Component 3 (30%): Applied Fieldwork Enquiry. **Written Examination:** 1 hour 30 minutes

Input and commitment from students

This is an exciting and varied course but needs full commitment from students. It is essential that students meet SAIL deadlines. Students will be expected to take part in fieldwork where they will learn how to collect, present and analyse data. We usually offer 2 separate fieldtrips over the two-year course.

Support from school

We have built up a bank of resources which are stored in the student shared drive and students can access these resources from home via the school website. There are also revision and exam feedback sessions offered during year 11 which will help students prepare for examinations.

Support from parents/carers

Parents and carers can support their child by encouraging them to review their work regularly. Students should have a glossary of key terms which they add to throughout the course. It is essential that students learn these as they go along. We also study specific case studies as examples of places, theories etc. Students should be encouraged to make revision summaries of these case studies. A general awareness of what is occurring in the world around us is essential for a good understanding of Geography therefore, we encourage students to watch the news, weather forecasts etc.

Opportunities for the future

Geography is one of the "facilitating subjects" these are the subjects identified by the Russell Group of universities as those a student should study at A level to give them the broadest choice of degree courses. Studying Geography develops many skills required in other subjects including maths, English, Science as well as Business studies. It is a firm foundation for many career progression routes. Employers and Universities like Geography students as they can work in a variety of ways and are interested in the world around them.

For further details, please contact Mrs Marcus or Mrs Williamson

fmarcus@st-albans.suffolk.sch.uk

wwilliamson@st-albans.suffolk.sch.uk

History

Pearson Edexcel

Aims

GCSE History is all about people and how they lived their lives. It is an exciting opportunity to learn more about the people who have lived before you – the problems they faced, the opportunities they had, and the issues that were important to them. This course enables you to look at different aspects of the past and to examine a range of different historical factors and historical evidence to gather a greater understanding of the world we live in today.

Content

The course is made up of four units:

Unit One- Anglo-Saxon and Norman England c1060-1088

This is the British depth unit which examines life in Anglo-Saxon England before the Norman invasion, what happened when William conquered and how this changes English society and culture.

Unit Two- Crime and Punishment in Britain c1000-present with a focused study on Whitechapel c1870-c1900

This is the thematic study and historical environment which looks at how and why crime, punishment and policing has changed over time examining the nature of change and the factors which causes change to happen.

Unit Three- The American West, c1835-c1895

This is the period study which makes up the other half of Paper 2. This unit explores the early settlement of the American West analysing the difficulties in settlement and the resulting conflict of settlement on plains lands.

Unit Four- Weimar and Nazi Germany 1918-1939

This is the modern depth study and focuses on the political consequences of World War One on Germany and how this led to the development and overall success of the Nazi party in Germany.

Examination requirements

History GCSE is 100% exam based all taken at the end of year 11. There are 3 exams Paper 1 and Paper 3 worth 30% each. Paper 2 is divided into 2 sections both worth 20% each.

Input and commitment from students

History is an interesting and enjoyable option, which takes in a variety of different learning styles. If students are prepared to work hard and keep up to date with notes and deadlines, they are able to do well at GCSE. Students really enjoy the lessons and our successful uptake at A-Level demonstrates the ongoing passion for learning that is discovered in GCSE History.

Support from school

History offers exam skills sessions from October half term right through until the exams are sat. These focus exclusively on the skills needed for the papers and how to plan and write top mark answers. The department also sells revision guides and provides opportunities in lessons for practice papers and “walking talking” mocks.

Support from parents/carers

In History the best way to develop understanding and vocabulary is by reading. The best support students can be given is to encourage them to read and research into what they are learning, and to support them in attending the exam skills sessions.

Opportunities for the future

History has endless opportunities. As a subject based on written skills it lends itself to a wide variety of A-Levels, University degrees and careers. As students learn to debate, evaluate and analyse evidence they can apply these skills to not just a higher level of History but also a wide variety of subjects for example; law, psychology, philosophy, journalism, geography, modern foreign languages and many more...

For further details, please contact Mrs Wise
ewise@st-albans.suffolk.sch.uk

Modern Foreign Languages

AQA

Aims

The aim of our work is to enable students to communicate with and to understand French and Spanish nationals with confidence. A study by the UCL Institute of Education shows that studying languages included in the EBacc provides students with greater opportunities in further education and increases the likelihood that a pupil will stay on in full-time education.

Content

With this new specification you will have to study all of the following themes:

- **Theme 1:** Identity and culture.
- **Theme 2:** Local, national, international and global areas of interest.
- **Theme 3:** Current and future study and employment



Examination Requirements

Students will undertake work in the skills of listening (25%), reading (25%), speaking (25%) and writing (25%) using up to date vocabulary in practical situations. All of this will be underpinned by an introduction to the essential areas of grammar.

Input and commitment from students

There will be an opportunity to spend some time with a Foreign Language Assistant during the year. You will need to be organised, flexible and hardworking. You will be expected to learn vocabulary, listen to French songs on YouTube, solve problems and communicate in the language.

Support from school

You are not on your own. You will be able to access revision materials, have a weekly intervention sessions if you are a bit behind, have your own textbook on-line, have access to 1:1 support with a MFL teacher as well as having a "Sixth Form buddy". All your work will be in a French/ Spanish exercise book to keep it neat and easy to revise from.

Support from parents/carers

The good news is that you don't have to speak the language to support your child with his language learning. Over the years we have seen so many pupils thriving in a Foreign Language with English-speaking parents. We will contact you if we feel your child is lagging behind or most likely is thriving. The best way to support your child, is to encourage him/her to watch a TV show or a movie with subtitles in the appropriate foreign language.

Opportunities for the future

People with a qualification in a Foreign Language will, in future, have greater employment opportunities. Second language learners have access to a vast network of international cultural resources in areas such as fashion, design, science, architecture, literature, theatre, cinema, fine arts, music, dance.....

For further details, please contact Monsieur Magotte
amagotte@st-albans.suffolk.sch.uk



Music

Pearson Edexcel

Aims

To provide an interesting and varied course which will encompass a wide variety of musical styles and builds upon the musical skills and interests of each individual pupil.

Content

Unit 1 – Performing Music Coursework – 30%: Demonstrate your skills as a performer –on an instrument or voice. You will perform a solo piece of your choice and as part of an ensemble.

Unit 2 – Composition Coursework – 30%: Build on the techniques of composing from KS3. You will compose two pieces of music to a set brief, which will demonstrate your understanding of the chosen style. This work may be done on instruments or through the use of ICT.

Unit 3 – Listening and Appraising Music – 40%: Study eight set pieces of music during Years 10 and 11. The listening exam paper is 1hr 30mins and will play extracts of the pieces you have studied on CD. You will be asked to recognise and comment on instruments, structures and stylistic details you have learnt about each of the pieces. This unit will help to widen your enjoyment and understanding of the music you listen to and will help you develop your understanding of a range of musical styles, including Popular Music, World Music and Western Classical Music.

Examination Requirements

The listening exam paper is 1hr 30mins and will play extracts of the pieces you have studied on CD. You will be asked to recognise and comment on instruments, structures and stylistic details you have learnt about each of the pieces and to identify similar features in unfamiliar pieces.

Input and commitment from students

Ideally you need to be learning an instrument or a competent singer and ideally be having additional instrumental or vocal lessons. It helps to be able to read music. If you can't yet but are keen and willing to start learning then that's fine and can be to a relatively simple level if necessary. The main requirement for this course is that you have a good, general interest in music of all types and are happy to listen to and study music outside your comfort zone. The composing elements are not as daunting as they might seem! Students are expected to complete coursework and SAIL assignments within the allocated period. GCSE music students are expected to support the music extra-curricular ensembles and performance within and outside school.



Support from school

Music students are given priority for music tuition in school and will have fixed instrumental lessons to avoid them clashing with other subjects. Coursework tutorials are offered after school along with revision sessions in year 11.

Support from parents/carers

Music tuition in or out of school will incur a cost. Pupils are also encouraged to purchase a revision guide and an anthology (under £30 in total) to support their learning throughout the course for the exam.

Opportunities for the future

GCSE music is recommended to continue studying music at A level or a related course such as music technology, music performance or performing arts. Music GCSE would be beneficial, if not essential, for all careers related to music from studio recording, publishing, journalism, performing and many more jobs in the music industry.

For further details, please contact Mrs Robinson
rrobinson@st-albans.suffolk.sch.uk

Sport and Coaching Principles (Technical Award)

Eduqas Level 1/2 Vocation Award

Aims

The Vocational Award in Sport and Coaching Principles has been designed to support learners in schools who want to learn about this vocational sector and the potential it can offer them for their careers or further study. It is most suitable as a foundation for further study. This further study would provide learners with the opportunity to develop a range of specialist and general skills that would support their progression to employment.

Content

Unit 1 introduces learners to the adaptations that take place in the body following exercise, how training can lead to improvements in fitness, and the planning of training programmes. The aim of this unit is to develop the knowledge, understanding and skills needed to plan training programmes to improve the fitness of individuals.

Unit 2 introduces learners to how different areas of sporting performance can be improved. The aim of this unit is to provide learners with the knowledge and understanding needed to be able to analyse sporting performance, identify strengths and weaknesses and plan for improvement.

Unit 3 introduces learners to the principles involved in sports coaching. The aim of this unit is to provide learners with the appropriate knowledge and understanding to be able to plan, lead and evaluate a coaching session within a sporting activity.

Examination Requirements

Unit 1: Fitness for Sport Written examination: 1 hour 20 minutes 40% of qualification 80 marks Format: short and extended answer questions based around applied situations. Learners will be required to use stimulus material to respond to questions.

Unit 2: Improving Sporting Performance Controlled assessment: approximately 4 hours 25% of qualification 50 marks An assignment brief, will be provided by WJEC which will include a scenario and several tasks, available from the WJEC secure website.

Unit 3: Coaching Principles Controlled assessment: approximately 6 hours 35% of qualification 70 marks An assignment brief, will be provided by WJEC which will include a scenario and several tasks, available from the WJEC secure website

Input and commitment from students

You need to have a genuine interest in sport both in and outside of school. Although not essential, it is helpful if you are involved in a sporting team or club outside of school. You will be expected to attend extra-curricular clubs to help contribute to the internal assessments conducted throughout the course. You will be expected to meet all deadlines set and accept that there will be a significant amount of SAIL/homework for the duration of the course. It goes without saying that you will need to be adequately equipped at all times for a large number of practical lessons that take place throughout the course.

Support from school

Week 1 Monday evenings 3:15-4:15pm in A6, students will have an opportunity to consolidate their learning and write up their evidence for internal assessments and prepare for the unit 1 exam. There will also be opportunities throughout each half-term to attend various extra-curricular clubs.

Support from parents/carers

Regular communication with parents/carers is essential to the success of each student. Parents will need to encourage students to attend the Monday evening sessions and ensure that they have a full PE kit to enable them to access the practical components of the course.

Opportunities for the future

If you are interested in taking your study of sport further, the subject-specific knowledge and skills outlined above, and developed through studying this qualification, will give you a strong foundation for academic or vocational study at level 3, including apprenticeships. It will go particularly well alongside GCSEs in facilitating subjects, including biology.

For further details, please contact Mrs Ward
dward@st-albans.suffolk.sch.uk

Textile Design

AQA

Aims

Due to the success of sixth form course we are pleased to offer a Textile Design course at GCSE, giving students a natural progression into the A-Level. Textile Design involves the creation, selection, manipulation and application of a range of textile materials and processes such as weaving, knitting, stitching and printing to create designs and products. Students will work in multi-disciplinary ways to create ideas, materials and techniques for different applications.

Garment designed by ex student Francesca Palumbo



Content

Year 9 Students will develop Skills learnt so far at KS3 and learn a variety of new skills in order to build a sketchbook of samples. Students will be introduced to a variety of learning experiences through investigation of primary and secondary resources drawing on the work and approaches of designers from contemporary and/or historical contexts, periods, societies and cultures.

Year 10 and 11 Further developing skills learnt in KS3 and Year 9 by completing a variety of project based learning which will allow students to begin to specialise in particular areas of Textile Design leading into the exam components.

Areas of study

Textile design

Costume design

Printed and dyed textiles

Stitched and/or embellished textiles

Fashion design and illustration

Constructed textiles

Surface pattern

Soft furnishings and/or textiles for interiors

Examination requirements

AQA GCSE Textile Design is made up of two units:

Component 1: a personal portfolio in textile design internally set and assessed and externally moderated (60% of the qualification) A sustained project evidencing the journey from initial engagement to the realisation of intentions. A selection of further work undertaken during the student's course of study.

Component 2: an externally set assignment in textile design, internally marked and externally moderated (40% of the qualification) Finishing with a 10hr practical exam (no written exam)

Input and commitment from students

The course builds on and extends skills acquired throughout KS3. Having ideas and being able to communicate those ideas is important.

Support from school

- We focus on exploration and development of skills
- We use a variety of different machines to support the course requirements
- You will learn practical skills to problem-solve real issues including "live" projects and competitions.
- You will access CAD/CAM technologies such as 3-D Printing, Laser cutting, vinyl cutting, embroidery machines, chromoblast and sublimation printing.
- You will be taught by Textiles specialist teachers with years of experience in different techniques and skills.

Support from parents/carers

Encourage their children to draw, record, photograph, and observe. An enquiring mind is a design mind.

Opportunities for the future

The school offers a related A' Level in Textiles. This course offers a wider scope for exploration and development of skills leading to careers in the following areas Fashion Design or illustration, Surface/print Design, Costume Design, Footwear Design, Pattern grader, Buyer textiles/retail, Milliner, Tailor, Dressmaker, Garment technologist, Knitwear Designer, Teacher, Fashion Journalist or Interior Designer.

For further details, please contact Mrs Lewis
hlewis@st-albans.suffolk.sch.uk