

BTEC First Award Sport Level 2

Unit 1 – Fitness for sport and Exercise (on line external exam)

Unit 2 – Practical performance in sport (internally assessed)

Unit 3 – Applying the principles of personal training (internally assessed)

Unit 4 – Leading sports activities (internally assessed)



Exam/assessment format:

- Unit 1 – external online exam 75minutes
- Unit 2 – Learning Aims A-C (3 assignments)
- Unit 3 – Learning Aims A-D (4 assignments, synoptic)
- Unit 4 – Learning Aims A-C (3 Assignments)



Pre-Public Examinations Format:

- Unit 1
 - Paper exam 75 minutes
- Checklists on MS teams are available to students



St Alban's – Success in BTEC Sport

- Making key cards
- Reading and completing unit 1 workbooks
- Reviewing their work from the lesson during that day
- Supporting them in accessing support available on line
- Quizzing



St Alban's – Support

- MS Teams
- Revision work book provided to all students on the course for the Unit 1 online Exam.



St Alban's – Support in School

- Homework Club: Thursday
Lunchtime (with Science Faculty)
- Independent Study available at
lunch time (Computers Available)
- Regular exam practice Assessments
- Individualised Feedback and
analysis of Assessments

