WEEK 1 Dining In

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Chicken in a Black Beans Sauce Served with Egg Noodles & Crispy Vegetables

(G) (W) (SE) (SO) (E)

Pork Sausages Served with Mashed Potato, Baked Beans or Vegetables & Gravy

(G) (W) (SU) (SO) (MK)

Homemade Beef Lasagne Served With Garlic & Herb Bread, Seasonal Vegetables or Fresh Salad

(G) (W) (MK) (SO) (MU)

Farm Assured Roast Chicken with Potatoes, Seasonal Vegetables, Yorkshire Pudding and Gravy (G) (W) (E) (MK)

Battered Fish Fillet Served with Chips,Garden Peas, Beans, Mushy Peas

Fish & Chip Shop Friday

(G) (W) (F)



Quorn in a Black Beans Sauce Served with Egg Noodles & Crispy Vegetables

(G) (W) (SE) (SO) (E)

Vegan Quorn Sausages Served with Mashed Potato, Baked Beans or Vegetables & Gravy

(G) (W) (B) (SO) (E) (C)

Homemade Vegetable Lasagne Served With Garlic & Herb Bread, Seasonal Vegetables or Fresh Salad

(G) (W) (MK) (SO)

Quorn Roast with Potatoes, Seasonal Vegetables, Yorkshire Pudding and Gravy

(G) (W) (E) (MK)

Vegetable Sausage served with Chips, Garden Peas or Baked Beans

(G) (W)

Jacket Potato with a

selection of topping

Served with fresh Salad



Jacket Potato with a selection of topping Served with fresh Salad

(E) (MK) (F)

Jacket Potato with a selection of topping Served with fresh Salad

(E) (MK) (F)

Jacket Potato with a selection of topping Served with fresh Salad

(E) (MK) (F)

Jacket Potato with a selection of topping Served with fresh Salad

(E) (MK) (F)

(E) (MK) (F)



Selection of Delicious Wholemeal Filled Breads, Artisan Rolls, Healthy Salads and Pasta Pots Selection of Delicious Wholemeal Filled Breads, Artisan Rolls, Healthy Salads and Pasta Pots Selection of Delicious Wholemeal Filled Breads, Artisan Rolls, Healthy Salads and Pasta Pots Selection of Delicious Wholemeal Filled Breads, Artisan Rolls, Healthy Salads and Pasta Pots Selection of Delicious Wholemeal Filled Breads, Artisan Rolls, Healthy Salads and Pasta Pots



Choose One of Our Fabulous Desserts Chocolate & Orange Cake Fruit Yogurt & Coulis Fresh Fruit or Jelly (G) (W) (E) (MK) Choose One of Our Fabulous Desserts Caramelized Apple Cake Fruit Yogurt & Coulis Fresh Fruit or Jelly (G) (W) (E) (MK) Choose One of Our Fabulous Desserts Strawberry Jam Sponge Fruit Yogurt & Coulis Fresh Fruit or Jelly (G) (W) (E) (MK) Choose One of Our Fabulous Desserts Oaty Fruit Crunch Fruit Yogurt & Coulis Fresh Fruit or Jelly (G) (B) (W) (E) (MK) Choose One of Our Fabulous Desserts Chocolate Brownie Fruit Yogurt & Coulis Fresh Fruit or Jelly (G) (W) (E) (MK)

92% of our food is made from fresh ingredients every day • The meat we serve is Red Tractor, Farm Assured British accredited All our fish is from sustainable sources • All of our eggs are free range laid by happy chickens • We bake our bread daily in your kitchen

WEEK 2 Dining In

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Macaroni Cheese with Crispy Bacon Topping Served with Fresh Salad and Garlic Bread Slice (G) (W) (MK) (SO) (MU)

Cottage Pie Served With Seasonal Vegetable

(MK)

Chicken Tikka Served with Wholemeal Rice, Naan Bread Finger & Broccoli

(G) (W) (MK)

Farm Assured Roast Pork with Potatoes, Seasonal Vegetables, Yorkshire Pudding and Gravy (G) (W) (E) (MK) Fish & Chip Shop Friday Battered Fish Fillet Served with Chips,Garden Peas, Beans, Mushy Peas

(G) (W) (F)



Classic Mac 'n' Cheese with Fresh Salad and Garlic Bread Slice

(G) (W) (MK) (SO) (MU)

Quorn Mince Cottage Pie Served With Seasonal Vegetable

(G) (W) (B) (E) (MK)

Roasted Vegetable Tikka Served with Wholemeal Rice, Naan Bread Finger & Broccoli

(G) (W) (MK)

Quorn Roast with Roast Potatoes, Seasonal Vegetables, Yorkshire Pudding and Gravy

(G) (W) (E) (MK)

Southern Fried Quorn Burger served with Chips, Garden Peas or Baked Beans

(G)(B)(W)(E)(MK)(SE)(SO



Jacket Potato with a selection of topping Served with fresh Salad

(E) (MK) (F)

Jacket Potato with a selection of topping Served with fresh Salad

(E) (MK) (F)

Jacket Potato with a selection of topping Served with fresh Salad

(E) (MK) (F)

Jacket Potato with a selection of topping Served with fresh Salad

(E) (MK) (F)

Jacket Potato with a selection of topping Served with fresh Salad

(E) (MK) (F)



Selection of Delicious Wholemeal Filled Breads, Artisan Rolls, Healthy Salads and Pasta Pots Selection of Delicious Wholemeal Filled Breads, Artisan Rolls, Healthy Salads and Pasta Pots Selection of Delicious Wholemeal Filled Breads, Artisan Rolls, Healthy Salads and Pasta Pots Selection of Delicious Wholemeal Filled Breads, Artisan Rolls, Healthy Salads and Pasta Pots Selection of Delicious Wholemeal Filled Breads, Artisan Rolls, Healthy Salads and Pasta Pots



Choose One of Our Fabulous Desserts Hot Chocolate Pudding Fruit Yogurt & Coulis Fresh Fruit (G) (W) (E) (MK) Choose One of Our Fabulous Desserts Cherry Bakewell Tart Fruit Yogurt & Coulis Fresh Fruit (G) (W) (E) (MK) Choose One of Our Fabulous Desserts Frosted Carrot Cake Fruit Yogurt & Coulis Fresh Fruit (G) (W) (E) (MK) Choose One of Our Fabulous Desserts Mixed Berry Muffin Fruit Yogurt & Coulis Fresh Fruit (G) (W) (E) (MK) Choose One of Our Fabulous Desserts Peach Upside Down Cake Fruit Yogurt & Coulis Fresh Fruit (G) (W) (E) (MK)

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WEEK 3 Dining In

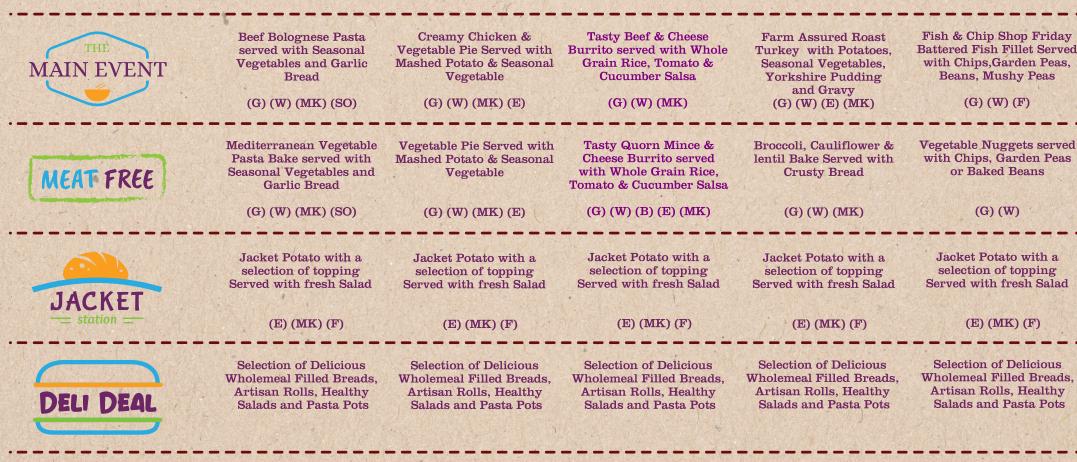
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY





Choose One of Our Fabulous Desserts Sultana Sponge Fruit Yogurt & Coulis Fresh Fruit or Jelly (G) (W) (E) (MK) Choose One of Our Fabulous Desserts Cornflake Tart & Custard Fruit Yogurt & Coulis Fresh Fruit or Jelly (G) (W) (E) (MK) Choose One of Our Fabulous Desserts Lemon Drizzle Cake Fruit Yogurt & Coulis Fresh Fruit or Jelly (G) (W) (E) (MK) Choose One of Our Fabulous Desserts Marble Cake and Custard Fruit Yogurt & Coulis Fresh Fruit or Jelly (G) (W) (E) (MK) Choose One of Our Fabulous Desserts Apple & Berry Crumble Fruit Yogurt & Coulis Fresh Fruit or Jelly (G) (W) (E) (MK)