











1

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL #ONE Beef Chilli served with Rice, Jalapeno's & Nachos (GF)

Pasta Carbonara served with Vegetables Crispy Chicken Breast Burger in a Bun with Mayonnaise (H) Chicken Curry served with Rice, Naan Bread & Mango Chutney (GF except Naan)

Fishwich in a Bun served with Chips, Peas or Beans & Tartare Sauce

MAIN MEAL #TWO Vegetarian Chilli served with Rice, Nachos & Jalapeno's (V) (GF)

Vegetarian Lasagne served with Garlic Bread & Sweetcorn (V) Macaroni Cheese served with Garlic Bread (V) Butternut Squash, Chickpea & Potato Curry, served with Rice, Naan Bread & Mango Chutney (Vg) Cheese & Tomato
Pizza
Served with Chips &
Beans
(V)

HANDHELD

Ham & Cheese Panini

Cheese & Tomato Panini (V) Pepperoni & Cheese Bagel

Cheese & Tomato Bagel (V) BBQ Sausage & Cheese Panini

Cheese & Tomato Panini (V) Bacon & Cheese Bagel

Cheese & Tomato Bagel (V) Cheesy Chips (V) (GF)

Curry Sauce & Chips (V)

BOWLED OVER

Street Chicken Noodles Herby Tomato Pasta

Loaded Wedges (V) Loaded Nachos (V) Sweet & Sour Noodle Pot (V)

HOT PUDDING Lemon Drizzle Sponge with Custard (V) Chocolate Crunch with Chocolate Sauce (V) Toffee Apple Crumble with Custard (V)

Flapjack with Custard (V) Chocolate & Banana Sponge with Chocolate Sauce (V)

There is also a daily selection of sandwiches, baguettes, wraps and salads available. Our hot puddings will be complimented with a range of cold desserts etc.





£2.58

JACKET STATION

Oven baked potatoes with Beans, Cheese or Beans & Cheese

ALLERGIES

PLEASE SPEAK TO OUR STAFF
MEMBERS IF YOU HAVE ANY
ALLERGIES AND NEED TO KNOW
WHAT IS WITHIN EACH OF OUR
DISHES. THEY WILL ADVISE YOU ON
YOUR AVAILABLE FOOD CHOICES.

Did you know?

All our Pizzas, Cookies, Muffins, Tray Bakes & Main Meal Sauce Based Dishes are made fresh on site from scratch

Bowled Over

Pasta / rice / noodles served daily with different toppings!

V – Vegetarian Vg – Vegan H - Halal

GF – Gluten Free

LUNCH **WEEK**











MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN **MEAL** #ONE

Marinated Chicken Wings Served with Spicy Rice & Nachos (GF)

Roast Turkey with Stuffing, Roast Potatoes, Carrots, Peas & Gravy (GF except Stuffing)

Jumbo Hotdog Baguette with Fried Onions

Chicken Curry served with Rice, Naan Bread & **Mango Chutney** (GF except Naan)

Fishwich in a Bun served with Chips, Peas or Beans & Tartare Sauce

MAIN **MEAL** #TWO

Tomato, Basil & Cheese Pasta served with Green Beans

Vegetable Bake Served With Roast Potatoes, Carrots & Peas (V)

Macaroni Cheese served with Garlic **Bread**

Vegetable Curry served with Rice. Naan Bread & **Mango Chutney** (V) (GF except Naan)

Cheese & Tomato Pizza served with Chips & Beans

HANDHELD

Cheese & Pepperoni Panini

Cheese & Tomato Panini (V)

Meat Feast Bagel

Cheese & Tomato Bagel (V)

Chicken & Cheese **Panini**

Cheese & Tomato Panini (V)

BBQ Sausage & **Cheese Bagel**

Cheese & Tomato Bagel (V)

Cheesy Chips

(V) (GF) **Curry Sauce & Chips** (V)

BOWLED OVER

Falafel, Cheese & Sweet Chilli Wrap

(V)

Loaded Wedges

(V)

Sweet Chilli **Noodles**

(V)

Herby Tomato Pasta

(V)

Loaded Nachos

(V) (GF)

HOT **PUDDING**

Chocolate Orange Sponge with Custard (V)

Syrup Sponge with Custard (V)

Apple Crumble with Custard (V)

Vanilla Sponge with Custard (V)

Marble Crunch with **Chocolate Sauce** (V)

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3

MONDAY

TUESDAY

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THURSDAY

FRIDAY

MAIN MEAL #ONE

Minced Beef Stroganoff served with Rice (GF)

Sausages with
Mashed Potatoes,
Vegetables &
Onion Gravy

Wings with Potato
Wedges &
Sweetcorn

served with Rice, Naan Bread & Mango Chutney (GF Except Naan)

Fishwich in a Bun served with Chips, Peas or Beans & Tartare Sauce

MAIN MEAL #TWO

Sweet & Sour Vegetable Noodles Chickpea & egetable Hot Pot Macaroni Cheese served with Garlic Bread (V) Vegetable Curry Served with Rice, Naan Bread & Mango Chutney (GF Except Naan)

Cheese & Tomato Pizza served with Chips and Beans (V)

HANDHELD

Bacon & Cheese Panini

Cheese & Tomato Panini (V) Chicken & Cheese Bagel

Cheese & Tomato Bagel (V) BBQ Sausage & Cheese Panini

Tomato & Cheese Panini (V) Ham & Chees Bagel

Cheese & Tomato Bagel (V) Cheesy Chips (V) (GF)

Curry Sauce & Chips

BOWLED OVER Herby Tomato Pasta (V)

Sweet & Sour Vegetable Noodles (V) Loaded Nachos

Tomato & Basil Pasta (V) Vegetable Wrap & Chips (V)

HOT PUDDING

Vanilla Crunch with Custard

Custard
(V)

Sticky Toffee Sponge with Custard (V) Banana Sponge with Custard] (V) Chocolate Brownie & Chocolate Sauce (V)

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