LUNCH **WEEK**











MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN **MEAL** #ONE

Chilli Beef Served With Rice, Nachos, Jalapenos & Yoghurt & Mint Dressing

Pork Sausages with Mashed Potato, Vegetables & Onion Gravy

Macaroni Cheese with Garlic Bread & Sweetcorn

Chicken Tikka **Masala Served** with Rice, Naan **Bread & Mango** Chutney

Fishwich in a Bun with Chips, Peas, or Beans & Tartare Sauce

MAIN **MEAL** #TWO **Butternut Squash &** Chickpea Tagine, Served With Spiced Cous Cous & Yoghurt & Mint Dressing

Quorn Sausages with Mashed Potato, Vegetables & **Onion Gravy**

Cheese Burger In a Bun

Vegetable Korma Served with Rice, Naan Bread & **Mango Chutney**

Cheese & Tomato Pizza with Chips & Beans

HANDHELD

Pepperoni Pizza Margherita Pizza

Cheese & Tomato Panini

Bacon & Cheese Pizza Margherita Pizza

Ham & Cheese Bagel

BBQ Sausage Pizza Margherita Pizza

> **Three Cheese** Panini

Pepperoni Pizza Margherita Pizza

Pepperoni & **Cheese Bagel** Margherita Pizza

Falafel, Cheese & Sweet Chilli Wrap

BOWLED OVER

Pasta Kitchen



Noodle Street



Pasta Kitchen



Pasta Kitchen



Chip Shop Style Chips with Curry Sauce

HOT **PUDDING**

Chocolate Brownie & Chocolate Sauce

Spiced Banana Cake & Custard **Toffee Apple** Crumble & Custard

Lemon Drizzle Cake & Custard Syrup Sponge & Custard

There is also a daily selection of sandwiches, baguettes, wraps and salads available. Our hot puddings will be complimented with a range of cold desserts etc.



Deals

£2.58

JACKET STATION

Sweet potatoes and Jacket potatoes with various fillings on offer including; cheddar cheese, baked beans and tuna with mayonnaise

ALLERGIES

PLEASE SPEAK TO OUR STAFF MEMBERS IF YOU HAVE ANY ALLERGIES AND NEED TO KNOW WHAT IS WITHIN EACH OF OUR DISHES. THEY WILL ADVISE YOU ON YOUR AVAILABLE FOOD CHOICES.

COMING SOON

Bowled Over

Pasta / rice / noodles served dally with different toppings!

VEGAN OPTIONS AVAILABLE DAILY!



LUNCH WEEK











2

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL #ONE BBQ Chicken Strips & Rice in a Tortilla Wrap with a selection of Sides & Sauce Roast Turkey, Cranberry Sauce, Stuffing, Roast Potatoes, Veg & Gravy

Macaroni Cheese with Garlic Bread & Sweetcorn

Chicken Madras Served with Rice, Naan Bread & Mango Chutney Fishwich in a Bun with Chips, Beans or Peas & Tartare Sauce

MAIN MEAL #TWO

Falafel & Cheese Wrap With Sides & Sauce Vegetable Bake with a Sage & Onion Crumble Topping & Roast Potatoes

Marinated Chicken Wings with Potato Wedges & Beans Vegetable Curry Served with Rice, Naan Bread, & Mango Chutney Cheese & Tomato Pizza Served With Chips & Beans

HANDHELD

Pepperoni Pizza Margherita Pizza

3 Cheese & Tomato Panini Bacon & Cheese Pizza Margherita Pizza

Cheese & Tomato Bagel BBQ Sausage Pizza Margherita Pizza

Cheese & Tomato Panini Pepperoni Pizza Margherita Pizza

Ham & Cheese Bagel Margherita Pizza

Cheesy Chips

BOWLED OVER

Chinese Vegetable Noodles

SURF

Pasta Kitchen

Silvi

Sweet & Sour Noodles Silve

Pasta Kitchen Chips with Curry

Chip Shop Style

HOT PUDDING

Flapjack & Custard

Vanilla Sponge & Custard Spiced Apple Crumble with Custard

Jam Sponge & Custard Chocolate Crunch & Chocolate Sauce

Sauce

There is also a daily selection of sandwiches, baguettes, wraps and salads available. Our hot puddings will be complimented with a range of cold desserts etc.



<u>meal</u> <u>Deals</u> 8

JACKET STATION

Sweet potatoes and Jacket potatoes with various fillings on offer including; cheddar cheese, baked beans and tuna with mayonnaise

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COMING SOON

Bowled Over

Pasta / rice / noodles served daily with different toppings!

VEGAN OPTIONS Available Daily!



LUNCH WEEK











3

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL #ONE Marinated Chicken Wings Served With Potato Wedges & Sweetcorn or

Classic Beef Lasagne, Served With Sweetcorn & Garlic Bread

Macaroni Cheese with Garlic Bread & Fried Onions

Chicken Tikka Masala, Served with Rice, Naan Bread, & Mango Chutney

Fishwich in a Bun with Chips, Peas or Beans &Tartare Sauce

MAIN MEAL #TWO Pepper & Onion Quiche, Served With Potato Wedges & Sweetcorn or

egetarian Mince
Lasagne, Served
With Sweetcorn
& Garlic Bread

Jumbo Hot Dog Baguette with Fried Onions Vegan Curry Served with Rice, Naan Bread & Mango Chutney Mexican Vegetable Fajitas Served With Chips & Peas or Beans

HANDHELD

Margherita Pizza

Cheese & Tomato Panini Meat Feast Pizza Margh<u>erita Pizza</u>

> BBQ Chicken Bagel

Bacon & Cheese Pizza Margherita Pizza

Pepperoni & Cheese Panini BBQ Sausage Pizza Margherita Pizza

Cheese & Tomato Bagel Cheese & Tomato
Pizza with Chips &
Beans

Cheesy Chips

BOWLED OVER

Pasta Kitchen

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egetable Sweet Chilli Noodles Sign

Pasta Kitchen

Cheesy Potato Wedges with BBQ Chip Shop Style Chips with Curry

HOT PUDDING

Marble Crunch & Custard

Multi Seed Flapjack & Custard

Crumble &

Sticky Toffee
Pudding & Custard

Sponge &
Chocolate Sauce

There is also a daily selection of sandwiches, baguettes, wraps and salads available.

Our hot puddings will be complimented with a range of cold desserts etc.





JACKET STATION

Sweet potatoes and Jacket potatoes with various fillings on offer including; cheddar cheese, baked beans and tuna with mayonnaise

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VEGAN OPTIONS AVAILABLE DAILY!



Tariff



Breakfast

Hot Filled Sausage Roll	£1.50
Cheese on Toast	£0.97
Pain au Chocolat	£1.47
Cereal, Milk & OJ	£1.50
Toast with Spread & Jam	£0.94
Toast, Spread, Jam & OJ	£1.18
Tea/Coffee	£0.83
Hot Chocolate	£1.18

Break

Hot Sausage/Bacon Roll	£1.50
Cheese on Toast	£0.97
Chicken Wings	£1.18
Plain Pizza Slice	£1.21
Jumbo Sausage Roll	£1.77
Sweet Waffle	£1.50
Carrot/Cucumber Sticks	£0.76
Dried Fruit Pot	£1.20

Lunch

Meal Deal	£2.58
Main Meal	£2.03
Jacket Potato + 1 filling	£1.99
Jacket Potato + 2 filling	£2.84
Panini - 2x fillings	£2.23
Hot Bagel – 2 x fillings	£2.23
Hot Pasta	£2.23
Plain Pizza Slice	£1.21
Topped Pizza Slice	£1.40
Hot Dessert	£1.08
Hot Wrap	£2.23

Grab & Go

Baguette	£2.30
Ciabatta	£2.23
Home Bakes	£1.08
Muffins	£1.08
Cookies	£0.90
Jelly	£0.85
Whole Fruit	£0.73
Cold Pasta Pot	£1.85
Fresh Grapes	£1.20
Bowled Over	£1.80
Popcorn	£1.33

Drinks

Water 500ml	£0.90
Fruit Water 500ml	£1.20
Radnor 330ml	£1.08
Milkshake	£0.98
Suso	£1.20
Orange Juice Cup	£0.59
Capri Sun	£1.08



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