

# LUNCH WEEK 1



1 MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

MAIN MEAL #ONE

Beef Bolognese, Garlic Bread & Sweetcorn	Roast Chicken with Roast Potatoes, Veg, Stuffing & Gravy	Hot Dog Baguette with Onions & Mustard	Chicken Korma, Rice and Sides	Battered Fish, Chips, Peas, Lemon & Tartare Sauce
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MAIN MEAL #TWO

Quorn Mince Ragu	Quorn Sausages with Roast Potatoes, Veg & Gravy	Mac n Cheese with Garlic Bread	Vegetable Korma, Rice & Sides	Pizza Slice with Chips & Beans
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HANDHELD

Triple Cheese Panini Pepperoni Pizza	Cheese & Tomato Bagel BBQ Sausage Pizza	Cheese & Pepperoni Panini Margherita Pizza Slice	Ham & Cheese Bagel Pepperoni Pizza	Fish Finger Ciabatta, Lettuce & Mayo
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BOWLED OVER

Loaded Fries	Loaded Wedges	Noodle Street	Pasta Kitchen	Pasta Kitchen
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DESSERTS

Chocolate Orange Brownie	Jam Sponge	Toffee Apple Crumble	Lemon Drizzle	Chocolate Crunch
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**meal DEALS** £2.41

**JACKET STATION**  
Sweet potatoes and Jacket potatoes with various fillings on offer including; cheddar cheese, baked beans and tuna with mayonnaise

**ALLERGIES**  
PLEASE SPEAK TO OUR STAFF MEMBERS IF YOU HAVE ANY ALLERGIES AND NEED TO KNOW WHAT IS WITHIN EACH OF OUR DISHES. THEY WILL ADVISE YOU ON YOUR AVAILABLE FOOD CHOICES.

**COMING SOON**

**Bowled Over**  
Pasta / rice / noodles served daily with different toppings!

**VEGAN OPTIONS AVAILABLE DAILY!** **THE PROOTED KITCHEN**

# LUNCH WEEK 2



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL #ONE	Sausage & Cheese Pasta Bake, Paprika Wedges & Green Beans	BBQ Chicken Wrap with Rice, Sweetcorn & Sauces	Macaroni Cheese with Garlic Bread	Madras Chicken Curry, Garlic & Herb Rice with Sides	Fishwich, Chips, Peas, & Tartare Sauce
MAIN MEAL #TWO	Vegan Veggie Chilli With Nachos	Falafel & Cheese Wrap with Rice, Sweetcorn & Sauces	Cheese Burger	Chickpea & Lentil Curry, Garlic & Herb Rice & Sides	Pizza Slice with Chips & Beans
HANDHELD	Cheese & Tomato Panini Pepperoni Pizza	Cheese & Pepperoni Bagel BBQ Chicken Pizza	Cheese & Ham Panini Margherita Pizza Slice	Bacon & Cheese Bagel Margherita Pizza Slice	Spicy Bean Burger in a Bun with Sweet Chilli Sauce & Lettuce
BOWLED OVER	Pasta Kitchen	Flavoured Chicken & Cous Cous	Pasta Kitchen	Noodle Street	Pasta Kitchen
DESSERTS	Chocolate Cake	Vanilla Crunch	Fruit Crumble	Steamed Syrup Sponge	Chocolate Brownie

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**COMING SOON**

**Bowled Over**  
Pasta / rice / noodles served daily with different toppings!

**VEGAN OPTIONS AVAILABLE DAILY!** **THE PROOTED KITCHEN**

# LUNCH WEEK 3



MONDAY      TUESDAY      WEDNESDAY      THURSDAY      FRIDAY

MAIN MEAL #ONE	Beef Chilli served with Rice & Nachos	Bangers & Mash with Peas & Onion Gravy	Flavoured Chicken Wings with Curly Fries & Sweetcorn	Chicken Tikka Masala, Rice & Sides	Battered Fish, Chips, Peas, Lemon & Tartare Sauce
MAIN MEAL #TWO	Roasted Vegetable & Cheese Burrito	Quorn Sausage & Mash with Peas & Onion Gravy	Mac n' Cheese with Garlic Bread	Mughlai Vegetable Korma, Rice & Sides	Pizza Slice with Chips & Beans
HANDHELD	Cheese & Tomato Panini Pepperoni Pizza	Cheese & Ham Bagel BBQ Chicken Pizza	Cheese & Pepperoni Panini Margherita Pizza Slice	Cheese & Bacon Bagel Pepperoni Pizza	Fish Finger Ciabatta with Lettuce & Mayo Margherita Pizza Slice
BOWLED OVER	Pasta Kitchen	BBQ Cheesy Potato Wedges	Noodle Street	Pasta Kitchen	Pasta Kitchen
DESSERTS	Chocolate Crunch	Marble Crunch	Apple & Cinnamon Crumble	Sticky Toffee Pudding	Chocolate Sponge

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**meal Deals** £2.41

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**COMING SOON**

**Bowled Over**  
Pasta / rice / noodles served daily with different toppings!

**VEGAN OPTIONS AVAILABLE DAILY!** **THE ROOTED KITCHEN**

## **St Albans Catholic High School Caterlink Menu Dates**

### **Week 1 Menu – Week Commencing**

**Monday 3<sup>rd</sup> January 2022**

**Monday 24<sup>th</sup> January 2022**

**Monday 14<sup>th</sup> February 2022**

### **Week 2 Menu – Week Commencing**

**Monday 10<sup>th</sup> January 2022**

**Monday 31<sup>st</sup> January 2022**

### **Week 3 Menu – Week Commencing**

**Monday 17<sup>th</sup> January 2022**

**Monday 7<sup>th</sup> February 2022**