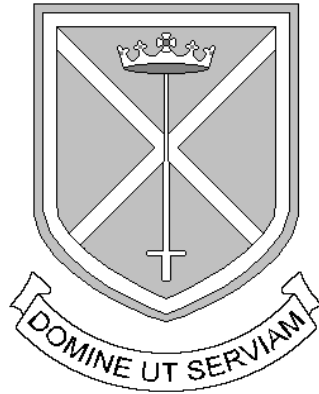


ST. ALBAN'S CATHOLIC HIGH SCHOOL



SCHOOL PROSPECTUS

2012-2013

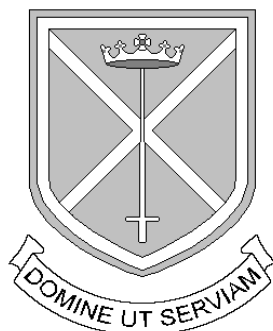
Mission Statement

St Alban's Catholic High School: Learning, Respecting, Caring

St Alban's Catholic High School strives to provide an excellent education for our students within a caring Christian community where all are respected, valued and supported to achieve their potential. We aim to inspire everyone with the strength and purpose to begin the journey of learning for life and to prepare our students to lead by their example in the modern world.

OUR STRATEGY

- To recognize that each individual student and member of staff is a unique creation in the image of God, and deserves to be valued equally.
- To follow Christ's example by providing a living testimony to the goodness and presence of God and so to prepare our students for a fuller participation as followers of Christ in the life of their community.
- To develop effective leadership throughout all levels of the staffing structure and to use this to create a successful teaching environment where high expectations of students, staff and governors are met.
- To provide full opportunity for our students to develop their individual talents and build a strong foundation for their future.



St. Alban's Catholic High School

Digby Road, Ipswich, Suffolk IP4 3NJ

Tel: 01473 726178

Fax: 01473 718628

e-mail: general@st-albans.suffolk.sch.uk

website: www.st-albans.suffolk.sch.uk

Headteacher
Headteacher's PA

Mr. D. McGarry
Mrs. J. Scott

Chair of Governors:

Mr. P. McGrath

Diocese of East Anglia

Mrs. J. O'Connor,
Director of Schools' Service,
The White House,
21 Ugate,
Poringland,
Norwich, NR 14 7SH.
01508 495509

Local Authority Children and
Young People Services:

Asst. Dir. Learning & Improvement
Asst. Dir Integrated Service Delivery

Mrs. Sally Rundell: 01473 264566
Mr. Allan Cadzow: 01473 583666
Children and Young People
Services Directorate,
Suffolk County Council,
Endeavour House,
8, Russell Road,
Ipswich, IP1 2BX

Educational Welfare:

Mrs. S. Harvey
01473 583594

Staffing 2011-2012

Senior Leadership Team

Mr. D. McGarry	Headteacher
Mr. C. Walker	Acting Deputy Head
Ms. C. Sullivan	Assistant Head (1) and Head of Sixth Form
Mr. T. Legg	Assistant Head
Miss F. Matthew	Assistant Head
Ms. A. Turner	School Manager

Teaching Staff

Religious Education

Miss F. Matthew	Assistant Head and Head of RE
Mrs. S. Crossley	Religious Education/Safeguarding Officer
Mrs. P. Gilson	
Mr. P. Ryan	

English

Mrs. C. Yelland	Head of English
Miss L. Baxter	
Mr. D. Green	
Mrs. H. Green	
Mrs. K. Hall	
Mrs P. Lim-Edwards	
Mrs. S. Midgley	Advanced Skills Teacher/ English
Ms. S. Templeman	English/ Assistant Head of Key Stage 4

Mathematics

Mrs. C. Meadows-Smith	Head of Mathematics
Mr. R. Grace	
Mr. M. Greenaway	Advanced Skills Teacher/ Mathematics
Mrs. K. Hind	
Mr. M. Sims	
Mrs. S. Stafford	
Mrs. K. Thomas	

Science

Mr. R. Pattinson	Head of Science
Mr. D. Brumfitt	
Ms. G. Duff	
Miss C. Dunderdale	
Miss S. Eddis	
Mrs. K. Gerry	
Mrs. A. Minter	
Mrs. J. Nichols	
Mrs. L. Roberts	Science/Head of Key Stage 4
Mrs. S. Ryan	

Design Technology

Mr. M. Pattinson	Head of Design Technology
Mr. T. Corker	Technology/Head of Key Stage 3
Miss L. Dowe	
Mrs H. Lewis	
Miss E. Thomas	

Modern Foreign Languages

Mr. A. Magotte	Head of Modern Foreign Languages
Ms. L. Drage	Modern Foreign Languages/ Assistant Head of Key Stage 3
Mrs. J. Jacobs	French
Mrs L McGowan	French
Mrs. E. Powell	French
Mrs G Ramage	Modern Foreign Languages

History

Ms. C. Sullivan	Assistant Head and Joint Head of History
Mrs. L. Lawrence	Advanced Skills Teacher and Joint Head of History
Miss E. Gladwin	
Mrs. P. Peat	
Mrs. E. Shaw	

Geography

Mrs. H. Hughes	Joint Head of Geography
Mrs. S. Welbourne	Joint Head of Geography
Mr. A. Coles	Geography/Coordinator for PSHEE/Citizenship
Mrs A. Bailey	

Physical Education

Mr. A. Roche	Acting Head of Physical Education
Mr. J. Horne	P.E./ Head of Pastoral Care
Miss J Lampon	

Media Studies

Mr. D. Bolton

Information Technology

Mr. A. Gardner	Head of ICT
Mrs. J. Broxton	

Art and Photography

Mrs. A. Wright	Head of Art/ Photography
Mr. R. Hammond	Art
Mrs. J. Pirkle	Art and Photography

Drama

Ms. K. Lupson	Head of Drama
Mrs. E. O'Connor	

Music

Mr. S. Weale	Head of Music
Mrs. E. Alexander	

Business and Work-Related Learning

Mr. C. Tournay-Godfrey	Head of Vocational Studies/Work Related Learning
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Health and Social Care

Mrs. M.C. Butcher	i/c Health & Social Care
Mrs. M. McIlroy	i/c Psychology/Health & Social Care

Psychology

Mrs. B. Jennings	Psychology
Mrs. M. McIlroy	i/c Psychology/Health & Social Care

Learning Support Staff

Mrs. J. Boosey	Senior HLTA/ Acting SEN Manager
Mrs. J. Ambrose	HLTA
Mrs. J. Attwood	Teaching Assistant
Mrs. Y Banks	Teaching Assistant
Mrs. L. Bawley	Teaching Assistant
Mr. A. Betts	Teaching Assistant
Miss. O. Doran	Teaching Assistant
Ms. M. Evans	HLTA
Mrs. J. Fitch	Teaching Assistant
Mrs E. Haladus	Teaching Assistant
Mrs. N. Lane	Teaching Assistant
Mrs. K. Lagden	Teaching Assistant
Mrs. C. Mayhew	Teaching Assistant
Mrs. C. Pickard	Teaching Assistant
Miss E Smith	Teaching Assistant (Maternity Cover)
Mrs. R. Topple	Teaching Assistant
Ms. H. Wilson	Teaching Assistant
<i>Vacancy</i>	

Languages Assistant

Miss J Müller

Pastoral Staff

Mr. J. Horne	Head of Pastoral Care
Mrs. M. Bradley	Student Support Manager Key Stage 3
Mrs. C. Land	Student Support Manager Key Stage 4
Mrs. Z. Knight	Student Support Manager Key Stage 5
Ms D. Smith	Behaviour Support Worker

Administration and Support Staff

Finance

Mrs. D. Rattle	Bursar
Mrs. L. Gittins	Finance Assistant
Mrs. M. Whinney	Finance Assistant

Technicians

Miss J. Gillingwater	Science Technician
Mr. P. Green	Science Technician
Mrs. J. Heale	Senior Science Technician
Mrs. S. Salmon	Science Technician

Mrs. J. Bomyer	Technology Technician
Mr. R. Taylor	DT Technician

Vacancy Art Technician

Cover Supervisors

Mr. R. Moulding
Mr. L. Reeve
Vacancy

School Chaplain

Mr. A. Kelly

Administration

Mrs. K. Abson	Cover Administrator
Mrs. A. Gibbs	Departmental Administrative Assistant/ Clerk to the Governors
Mrs. J. Hart	Departmental Administrative Assistant
Mrs. H. Love	Administrative Assistant
Mr. R. Moulding	Attendance/Cover Supervisor
Miss A. Phillips	AV/Reprographics Technician
Mrs A. Hood	Receptionist
Mrs. J. Scott	Headteacher's P.A.
Mrs. L. Spivey	Departmental Administrative Assistant
Mrs. P. Swann	Senior Lunchtime Supervisor/ Reception
Mrs. J. Woolnough	Administrative Assistant
Mrs. C. Wright	Departmental Administrative Assistant

Kitchen

Mrs. H. Merritt	Head of Kitchen
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Library

Mrs. A. Park	Librarian
Mrs. M. Hill	Library Assistant
Mrs. S. Way	Library Assistant

Work-Related Support

Mrs. J. Barber	Work Experience Administrator
Mrs. D. Garnham	Careers Co-ordinator

Examinations

Mrs. M. Shemming	Examinations Officer
Mrs. H. Carter	Examinations Assistant

ICT Support

Mr. D. Edgar	ICT Network Manager
<i>Vacancy</i>	Senior ICT Technician
Mr. K. Bennett	Primary Schools Link ICT Technician
Mr. P. McCLean	ICT Technician (<i>temporary</i>)

Premises

Mr. R. Denny	Premises Manager
Mr. M. Dawson	Assistant Premises Manager
Mr. C. Jones	Assistant Premises Manager

School Governors

FOUNDATION GOVERNORS

Mr. P. McGrath
Dr. E. Joslyn
Mrs. A. Beaumont
Mrs E. Bradley
Mr. R. Kitson
Mrs. U. Shilling
Vacancy x 2

LEA GOVERNORS

Mr. D. Spencer

PARENT GOVERNORS

Ms. L. Davis
Miss Z. Crosby
Mr. M. Woor
Vacancy

HEADTEACHER

Mr. D. McGarry

TEACHER GOVERNORS

Mr. J. Horne
Vacancy

Section A: Reasons for Choosing St. Alban's High School

1. St. Alban's is a Catholic School

St. Alban's is the only voluntary-aided Christian high school in the Ipswich area. It has to be said at the outset that Christian schools are different. The best school in our view is the one in which the environment of the school is permeated by Gospel values, a dedication to the teaching of Jesus Christ and a love of one's neighbour. All of us who work at St. Alban's not only need to be aware of these distinguishing features, but must also be identifiable as people who put these ideas of caring, sharing and forgiveness into practice. St. Alban's therefore sees itself as a community, helping parents and parishes to develop the whole life of the young people in its care.

2. Ofsted

St. Alban's was inspected in February 2007 and again in November 2009. On both occasions it was judged to be 'Outstanding.' In the November 2009 inspection, the inspection team made the following judgement about the school's overall effectiveness:

"St Alban's is an outstanding school. Highly effective leadership and management by the headteacher has, over a number of years steered the school into a position of sustained strength. Students feel very safe, valued and thrive in the rich learning environment provided for them. The school's strong Catholic ethos permeates all aspects of school life. This is most evident in the ways in which students develop good relations with their peers, teachers and support staff, respect one another and show care and consideration for others. Students' outstanding attitudes and behaviour underpin the school's positive ethos and this, combined with good and often exceptional teaching, leads to outstanding achievement and consistently high standards.

This judgement confirms the genuinely high standards that the school strives to achieve for all of our students.

3. Reputation of St. Alban's School

St. Alban's enjoys a first class reputation with parents and their children and this is reflected in the number of applications we receive. The school attracts a very high level of parental support and has a clear policy of openness to parents.

4. Academic Standards

The school has a good academic tradition achieving very impressive results in external examinations. The proportion of St. Alban's students progressing to A level and other courses after the age of 16 years is significantly above the Suffolk county average. Many also go on to universities or colleges of further education. The less academic student also achieves creditable standards and benefits from a well-devised programme of support. St. Alban's is an all-ability school, which does not select students by reference to ability.

5. Discipline

The school's definition of the word discipline is taken from its Latin origin. In earlier times someone who was a 'disciple' was someone who wished to learn. It is among the aims of this school to provide a secure, caring and ordered Christian atmosphere in which students can learn not only what they will need to fit them for a career, but also to mature, grow and cope in a society in which traditional standards are continually being undermined. It is self-discipline and a constant awareness of the needs of others that we are trying to achieve at this school.

6. Quality and Stability of Staff

The 'best' school in our view is one which has a pleasant balance between more experienced staff and newly qualified teachers who have just trained in the most up-to-date ideas and philosophies in education. There are over 60 teachers at St. Alban's and we feel that there is a splendid balance between age and experience. We remain fully staffed with quality teachers, all highly qualified in their specialist subjects despite the difficulties of attracting teachers in the South East of England.

7. Curriculum Development and Facilities

The school has a reputation for pursuing progressive curriculum developments while maintaining traditional values. We benefit from excellent facilities, several of which have been updated and refurbished. A new block for Religious Education was completed in June 1992 and a large investment made in Technology in 1994/95. In September 1998 a new building schedule was completed and includes an extension to the main teaching area, a new Sixth Form block and a new Science and Technology block. In 2004 the school opened an additional building which provides purpose-built accommodation for Art, Music, Drama, History, and Geography. The original main school block was refurbished in the summer of 2006. In 2010 work was completed on our new Sports Hall and Fitness Suite and finally, in 2011, we added a brand new 'dark room' photography facility. All of these improvements have brought excellent benefits for our students.

Section B: Admission Policy and Arrangements for 2012-2013

Admission arrangements are co-ordinated across the Local Authority and Voluntary Aided Schools (like St Alban's) throughout Suffolk. The Local Authority's booklet for parents ('Schools in Suffolk') provides details of all Suffolk Schools. This policy has been prepared in accordance with the current legislation and regulations that apply to admissions to schools.

In this document Roman Catholic is abbreviated to Catholic. Wherever "Catholic" is used it means "Roman Catholic", and "Catholic Church" means "Roman Catholic (RC) Church".

The ethos of the school is Catholic. The school was founded by the Catholic Church to provide education for children of Catholic families. The school is conducted by its governing body as part of the Catholic Church in accordance with its Trust Deed and the Instrument of Government and seeks at all times to be a witness to Jesus Christ. We ask all parents applying for a place here to respect this ethos and its importance to the school community. This does not affect the right of parents who are not of the faith of the school to apply to be considered for a place here.

The Planned Admissions Number for the main school is 162.

All applications should be made using the Common Application Form for Suffolk and submitted to the Local Authority. *In addition a Supplementary Information Form should be completed and sent to the Admissions Officer, St. Alban's Catholic High School, Digby Road, Ipswich IP4 3NJ – preferably by email or fax. The Supplementary Information Form is available from the Local Authority, the school or can be down-loaded from the school website – the email address and fax number are available from the school website.*

Applications for Year 7 in September 2012 for the school year 2012-2013 must be submitted by the closing date **Monday 31st October 2011**. The Supplementary Information Form should be submitted by **Monday 14th November 2011**.

Allocation process – Main School.

1) *Principles of allocation and prioritisation*

Places are allocated according to the following criteria:

- A child who has a Statement of Educational Needs specifying this school is automatically allocated a place.
- A child who is in public care is given special consideration as defined in the Admissions Code.
- The religious affiliation of the child, i.e. whether the child is Catholic, practising Orthodox Church, practising Christian or none of these.
- Whether the child has a sibling currently attending the school.
- Whether the child is currently attending one of the feeder schools which are: St Pancras Catholic Primary School, Ipswich; - St Marys Catholic Primary School, Ipswich; - St Marks Catholic Primary School, Ipswich; - St Margarets CEVA Primary School Ipswich; - St Johns CEVA Primary School, Ipswich; - St Matthews CEVA Primary School, Ipswich; - St Marys CEVA Primary School, Woodbridge; - Stonham Aspal CEVA Primary School, Stonham Aspal; - Orford CEVA Primary School, Orford; - St Marys CEVA Primary School Hadleigh; - Sir Robert Hitchams CEVAP School, Framlingham; - Sir Robert Hitcham CEVA Primary School, Debenham; - Creeting St Mary CEVA Primary School, Creeting St Mary.

2) *Religious affiliation*

The religious affiliation is defined as follows:

- a. Catholic – the child has a certificate of baptism, a copy of which must be supplied to the school with the Supplementary Information Form. In some cases it is not possible for the parent / carer to provide a certificate of baptism, in such circumstances a certificate of First Holy Communion or a signed statement by the Parish Priest that he considers the child to be a practising Catholic will be acceptable. If neither of these can be produced the advice of the Diocese shall be sought.
- b. Some Orthodox churches are in full communion with the Catholic Church, some are in partial communion. Clarification of the status of an Orthodox church shall be sought from the Diocese. A child who is a member of an Orthodox Church that is in full communion with the Catholic Church will be considered a Catholic with regard to this admissions process.

- c. Member of another Christian denomination - the parent / carer can provide written confirmation from his/her church minister, or church elder, confirming that child has attended church for Sunday religious services at least monthly for the last two years; or since he/she joined the church if that is shorter than two years.

3) *Allocation of ranking group to application*

Using the principles and definitions above each application will be allocated to a group as follows:

Ranking Group	Description
1	Children who have a statement of educational needs specifying the school
Application of Admissions Criteria	
2	Baptised Catholic children in public care;
3	Baptised Catholic children who have a sibling attending St. Alban's;
4	Baptised Catholic children who currently attend a Feeder school;
5	Other Baptised Catholic children.
6	Children in public care who are not baptised Catholic.
7	Baptised Children who are members of an "Orthodox" Christian Church that is in partial communion with the Catholic Church and attend church regularly and have a sibling at St Alban's;
8	Baptised Children who are members of an "Orthodox" Christian Church that is in partial communion with the Catholic Church and attend church regularly and who currently attend a Feeder school;
9	Other baptised Children who are members of an "Orthodox" Christian Church that is in partial communion with the Catholic Church and attend church regularly.
10	Children who are members of another Christian denomination and attend church regularly and have a sibling at St Alban's and currently attend a Feeder school;
11	Children who are members of another Christian denomination and attend church regularly and have a sibling at St Alban's;
12	Children who are members of another Christian denomination and attend church regularly and currently attend a Feeder school who do not have a sibling attending St Alban's;
13	Other children who are members of another Christian denomination and attend church regularly.
14	Other Children who have a sibling at St Alban's and currently attend a Feeder school;
15	Other Children who have a sibling at St Alban's;
16	Other Children who currently attend a Feeder school and who do not have a sibling at St Alban's;
17	Other Children not included above.

Notes:

- a) If a Supplementary Information Form is not received the child will be placed in Priority Group 14 to 17 as appropriate.
- b) In the above 'sibling' refers to brother or sister, half brother or sister, adopted brother or sister, step brother or sister, or the child of the parent/carer's partner where the child for whom the school place is sought is living in the same family unit at the same address as that sibling. The sibling may be in any year in the main school or sixth form at the time of application.

4) *Tie Break*

Where the allocation of places would exceed the planned admissions number within a group the places will be allocated by random selection (i.e. by lottery). Please apply to the school if you wish to see details of the process under which a lottery is conducted.

5) *Waiting List*

- a. Late applications, i.e. applications for the coming Year 7 which are received after the closing date for applications and before the start of the Autumn term, will automatically be placed on the waiting list if the school is over subscribed at the time of application. This waiting list will be

- maintained until July 2013 by the St Alban's Admissions Officer.
- b. The waiting list will be ordered according to the allocation group as in paragraph 3 above. Each new request to be added will be slotted in appropriately according to the admissions over-subscription criteria. For example a request for a child that is 'Ranking Group 2' will be added above a child that is 'Ranking Group 3'. The random selection process will be re-run for a ranking group in which a vacancy can be offered if a child has been added to the waiting list since the last lottery was held.
 - c. Waiting lists will be held for all years.
- 6) *Notification of allocation*
The Local Authority will write, on behalf of the Governors, to parents / carers with offers for Year 7 on (date to be advised).
- 7) *Appeals*
- a. Appeals against a refusal should be directed to the Education Appeals Service who will be responsible for the correspondence from this point.
 - b. The Education Appeals Service will make the necessary arrangements for an Appeal Hearing.
 - c. Once an applicant's case has been heard at an Appeal Hearing, further appeals in the same academic year cannot be accepted unless circumstances have changed.
- 8) *Casual or mid-year applications*
Applications for admission during the year should be made using the appropriate Common Application Form for Suffolk and submitted in accordance with the Local Authority procedure. In addition a Supplementary Information Form should be completed and sent to the Admissions Officer, St. Alban's Catholic High School, Digby Road, Ipswich IP4 3NJ – preferably by email or fax. The Supplementary Information Form is available from the Local Authority, the school or can be down-loaded from the school website.

Allocation process –Sixth Form.

The Planned Admission Number for the Sixth Form is 5 (i.e. the number of applications from children who are not currently attending St Alban's).

The courses on offer each year are outlined in the Sixth Form Prospectus. Whilst it is expected that all courses published will run, it is occasionally necessary to cancel courses due to lack of student interest. If this should happen, the applicants will be notified as soon as possible. For this reason applicants are requested to state alternative choices of subjects.

Individual courses have their own entry requirements which can be found within the course details. The entry requirement for A2 study in Year 13 is a pass in the subject studied at AS level.

- 9) *Applications will be considered from:*
- a. Pupils expecting to gain an average of 5 points / C at GCSE; or a combination of Level 2 courses to the same standard, who wish to study a course combination on offer at Advanced level.
 - b. Pupils expecting at least three GCSE subjects at grade C or above who wish to follow the one year Consolidation Course.
- 10) *General criteria and prioritisation:*
Each external application will be allocated an "Allocation Group" in accordance with the criteria that apply to the main school, i.e. as stated in paragraph (3) above.
- 11) *Over subscription*
Should any course be over-subscribed the principles described in paragraphs (3) and (4) will be applied to determine which applicant(s) will be offered place(s).

End.

Section C: Information for Parents

The School Day: Teaching Times

08.50 – 09.10	Registration
09.10 – 10.25	Lesson 1
10.25 – 10.45	Break
10.45 – 12.00	Lesson 2
12.00-12.05	Movement time
12.05 – 13.20	Lesson 3
13.20 – 14.05	Lunch
14.05 – 15.20	Lesson 4

Academic Progress

Academic progress is carefully monitored throughout a student's time at St. Alban's. Subject teachers assess classroom learning and homework, grading every student they teach. In cases where students are not maintaining sufficient progress, parents are invited to discuss this with the Student Support Manager. Positive achievement is recognised through the school's system of rewards.

During the school year parents will receive three reports on their child's progress with information on attainment, effort and attendance – one report each school term. Parents' evenings are arranged in the course of the year when staff can discuss students' progress with parents.

As the monitoring of academic progress carried out by the school is considered so important, parental involvement is strongly encouraged and parents are welcome to contact the school at any time if they are concerned about their child's progress.

Attendance and Punctuality

Registration takes place first thing in the morning and at the start of each lesson, and in the morning, students should reach their form room by 08.50. There is no afternoon registration period though students are registered in their class group at the beginning of Lesson 4.

Student Absence: When a student is absent from school parents are required to telephone the school notifying the attendance officer that their child will not be in school that day. When a student returns to school a letter from parents is required to explain that absence. It is extremely important for everyone that it is brought into school as soon as the student returns. If an absence is likely to be prolonged, a letter or telephone call after the first three days is required.

1st Day Calls: The school has appointed an Attendance Officer who will monitor and check on student absences. It is likely, whether or not

parents have contacted the school, that they will receive a telephone call as part of our monitoring and checking procedures. This should not cause concern. It is the policy adopted now in many high schools and it is regarded as an effective measure in ensuring a child's safety.

At St. Alban's we strongly discourage parents from taking their children out of school for family holidays during term time. Authorisation will only be granted by the school if there are extenuating circumstances. With effect from 1st September 2007, the Local Authority will be operating a system of fixed penalty notices which can be issued to tackle the problem of non-school attendance.

Whilst occasional lateness may be unavoidable, students who make a habit of arriving late without good reason will be required to make up the time in an official school detention which may be after school.

Behaviour

Our Behaviour Policy follows the principles set out in the Mission Statement. At St. Alban's students are expected to be responsible for their own behaviour. They should have respect for themselves, respect for others and also for the environment in which they work. Students are reminded of Christ's message, "Just as I have loved you, you must also love one another" *John 13.34*. This will be shown by high standards of behaviour, effort, punctuality, classwork, homework, organisation, attendance and uniform.

The school enjoys an excellent reputation for high standards of behaviour, manners, work and appearance and expects that every student will maintain them. In view of the school's and parental expectations for each student, high standards of behaviour are required at all times. In class, students are expected to behave in a way that promotes their own and others' learning. Emphasis is on creating a well-ordered environment in which learning can be pleasurable and efficient. Good behaviour is also required outside the classroom whether in the playground or on the way to and from school. As the majority of students use public transport, conduct on the buses must be an area of self-responsibility. While the school reserves the right to act to protect its reputation, parents are reminded that the primary responsibility for the conduct of their children on the journey to and from school is theirs. Anti-social behaviour is firmly discouraged. A copy of the school Behaviour Policy is accessible on the school website: www.st-albans.suffolk.sch.uk

Parents and students are asked to make a particular note of the following:

1. Students must never bring onto the school premises any type of weapon, in particular any type of knife (even a small penknife on a key ring), any type of gun e.g. toy gun, air pistol, Ball Bearing gun and such like. This also applies to travel to and from school.
2. Any form of bullying and intimidation is expressly prohibited. Students must never instigate or take part in any physical or mental abuse of other students.
3. Any form of racial abuse or harassment is expressly prohibited. Students must never instigate or take part in any physical or mental abuse of other students on the grounds of race, culture, or religious belief.
4. Students must never endanger the lives of other members of the school community by setting off the fire alarm without good reason, **even accidentally.**
5. Any physical or verbal abuse of staff or the use of abusive language in response to a request from a member of staff is expressly prohibited.

Failure to comply with the above could result in a fixed term exclusion and even a permanent exclusion.

Dates: Academic Year 2012/2013

Provisional

Autumn Term 2012

3rd September to 21st December
(Half Term: week commencing 29th October)

Spring Term 2013

7th January to 28th March
(Half Term: week commencing 18th February)

Summer Term 2013

15th April to 23rd July
(Half Term: week commencing 27th May)

N.B. from the above dates five days will be allocated as non-student days

Bullying

Any form of bullying is contrary to the school's Mission Statement and the school's Behaviour Policy. Issues regarding bullying should be brought to the attention of staff, as soon as possible, who will respond through a number of strategies. Any form of bullying is taken very seriously.

Care of School Property

Students are expected to care for the fabric of the school as if it were their own home. If

damage is caused wilfully, the student(s) concerned will be expected to pay, in whole or in part, for the repair. Scientific and Technological equipment is particularly fragile and expensive. A charge will be made for any breakages caused by foolishness or carelessness.

Clubs and Societies

A range of activities is offered at the school. Clubs vary from year to year, but all advertise their meetings on notice boards throughout the buildings. Details of club activities and results are regularly reported in the school newsletter, 'Contact.'

Careers Guidance

This forms part of the education of all students. Senior students have a programme involving careers teachers, pastoral staff and a personal adviser. In 2011-12 Year 10 students will undertake a week's work experience which helps to clarify and reinforce the relationship between the school curriculum and the world of work.

Charging and Remissions

The governors have a charging policy which is available to parents on request. Generally this states that charges will not be made for any activities that form part of a prescribed examination syllabus, or are in fulfilment of National Curriculum requirements. There is a separate policy for charges for instrumental tuition. Voluntary contributions may be invited for trips that take place mainly within school hours though no child will be excluded because of the inability to pay. The school is entitled to cancel the trip if the level of contributions does not meet its budgetary requirements. Trips that take place mainly outside of school hours are chargeable. Board and lodging may be charged on residential trips. The school will normally meet examination entry fees for subjects taught within the school. In the case of a candidate failing to meet the school's entry criteria but whose parents still wish them to be entered, they may be asked to pay the entry fees. Similarly, if the student fails to turn up for a public examination without a good reason, the school reserves the right to charge the candidate for the entry fee. Requests for help from parents will be considered within the limits of the school's budget. Complete confidence will be observed in each matter.

Communication with the School

(see appendix 1)

The school is always open to parents. Initially, any question relating to a student's welfare should normally be directed to the Form Tutor but interviews can easily be arranged with the appropriate Student Support Manager. If the Student Support Manager feels that the problem is serious enough to be taken further,

he/she will inform a member of the Senior Leadership Team.

A regular newsletter, 'Contact,' is produced to give as much information as possible to parents with regard to how the school is working. This is emailed to all parents or available on the school website.

Parent/teacher consultation evenings are held for all year groups. In addition, parents are welcome to contact or visit the school at any time. The Friends of St. Alban's, our active PTA, runs social and fund-raising activities, which benefit the entire school community.

In all cases of emergency or accidents at school, the staff will endeavour to get in touch with parents but if this is not possible, the Headteacher will act on the advice of the Medical Officer consulted.

Complaints Procedure

The Governors have established procedures so that the concerns of parents and others about the school curriculum and related matters may be considered and - where possible - resolved locally.

In the first instance a particular problem should be referred to the Headteacher who will endeavour to achieve a satisfactory outcome by informal means, if necessary through discussion with appropriate members of staff and the complainants. If however the issue cannot be resolved in this way, it may be referred in writing to the Governors at the school. Further details of the Governors' procedures may be obtained from the Headteacher or the Clerk to the Governors who is a member of the school's administrative staff.

External Examinations

It is the school's policy to encourage as many students as possible to enter for external examinations at the appropriate level and in the subjects where they have reached a realistic standard of attainment.

Healthy Schools

St. Alban's High School is part of the National Healthy Schools Programme. We, as a school, believe that healthy eating contributes to the 'being healthy' outcome for children. To support this, we have a whole food policy, reflecting current DfE standards developed through wide consultation. Being in the Healthy Schools Programme means that we monitor students' personal, social and health education, promote healthy eating, encourage physical activity and manage a positive environment which enhances emotional health and well-being in school – including the management of behaviour.

Homework

Homework is an important part of every child's education. At St. Alban's Catholic High School we wish to encourage students to benefit from developing good study habits. Parents are asked to assist the school by providing a quiet area in which homework can be completed and by checking homework regularly. They are also asked to inspect and sign their child's Student Planner every week.

Students are issued with a homework timetable and recommended minimum amount of time to be spent on homework each night. This will increase gradually as students move through the school.

Homework generally consists of:

- (i) the careful completion of assignments set by staff within the homework timetable;
 - (ii) systematic work done at home to overcome any weakness such as spelling and vocabulary and the development of general knowledge.
- Homework time could also be used for reviewing topics studied during the day and in correcting or re-drafting previous work. Students should also be encouraged to spend some time reading for pleasure.

Insurance

Parents are advised that the school cannot be responsible for property brought on to the school premises. Loss of or damage to property is fortunately a rare occurrence. Nevertheless, parents may wish to consider extending existing policies or to take out new ones to provide cover.

Learning Support

As a comprehensive school, we are concerned with the individual needs of every child. The Learning Support Department exists to address the needs of any student who may be experiencing difficulties in accessing the full curriculum for whatever reason. Difficulties are assessed and support provided according to the students' needs through a range of approaches. Wherever possible, students remain with and are supported in their classes but if necessary, we may withdraw students for small group or individual lessons. The school's approach is flexible and interventions may change to suit the changing needs of the students and the curriculum.

The school has a team of teaching assistants who work alongside their teaching colleagues to support students with special needs. Students' progress is reviewed regularly and parents are involved at all stages, in line with the guidance in the SEN Code of Practice. If necessary, the school will seek advice from other professional bodies. Appropriate records are kept. The school also recognises the needs of talented and gifted students and there

is a member of staff with responsibility to guide colleagues in assisting these students to develop their specific talents as appropriate.

Make-up and Jewellery

Make-up and jewellery are expressly forbidden with the following exceptions:

- a crucifix or religious medallion *worn for religious reasons* on a simple chain around the neck *hidden by a blouse or shirt*;
- up to one plain ear stud or sleeper (not jewelled), in each ear lobe;
- a watch may be worn.

Medical Matters

Resident expertise is limited to the provision of basic first aid only. The school will assume that parents are in agreement with the provision of basic first aid unless written confirmation to the contrary is received. Parents are strongly requested to keep at home any child who complains of not feeling well at the beginning of the day. If a child suffers an accident at school, or is taken ill, parents will be informed immediately and will be asked to come to the school either to take the student to hospital or to escort him/her home - unless the accident or illness is of such seriousness that an ambulance has already been called. Staff are not permitted to drive sick children home, or convey them to hospital. Tablets and other prescribed medicines should only be brought to school if there is a sound medical reason for doing so. These may be left at the school office for safekeeping but no member of staff can be asked to administer medicines.

The local Health Authority occasionally carries out various inspections, checks and medicals in school during the year. Parents are asked to support its work by returning any forms etc., as soon as possible, when requested.

We do not have a resident school nurse. However, a school nurse visits the school one lunchtime each week and operates a confidential drop-in session during which students can consult her on any health-related issues that concern them.

Meals

A midday meal is prepared in our kitchen and served on a cafeteria system. The menu is planned according to government guidelines. The meal is priced based on a set 'meal deal' and students pay for their meal at the till in the dining hall. Some healthy 'take-away' options are also available.

Students should bring money daily, sufficient only for that day. Parents are urged to impress upon their children their personal responsibility for looking after their money. The meal purchased will have to be paid for in cash at the till to the cashier, who will not be able to advance any loans. This is strictly a cash

transaction! Students may also bring a packed lunch if they wish, which can be eaten in various areas around the site.

Students who remain at school are not allowed to leave the premises. Permission to leave the premises is usually only given if a student is going home to their parents, or a close relative, for lunch. The Headteacher can only grant this on receipt of a letter from the family concerned. Legal responsibility for these students reverts to parents for the lunch-break. Parents should not allow students to come home to lunch if the journey to and from home cannot be completed in the time available.

Photography of Children

There may be times when children are photographed as part of normal school activity. Any parent not wishing their child to be included in this should make this known to the school in writing. If children are to be photographed for the local press, the school will normally advise the parents concerned.

Physical Education

Physical Education is compulsory in the curriculum. We aim to encourage a positive attitude towards participation in physical activity. All students undertake a wide and varied sporting programme, culminating in an options scheme in the later stages of their school career.

Student Illness

In most circumstances, if a student is well enough to come to school, it is reasonable to assume that they are well enough to participate in some part of the P.E. programme, even if only in exercise of a limited kind.

P.E. Kit

Full details of our P.E. kit are available from the school and will be issued to all parents before their children join St. Alban's.

Public Availability of Documents

The Freedom of Information Act allows parental and public access to school documentation including statements on curriculum policy, DfE documents, HMI reports, syllabuses and schemes of work. Parents wishing to read documents should contact the Headteacher in writing.

Parents requesting a copy of their child's file will be charged an administration and photocopying fee. This will depend on the size of the file concerned. The minimum fee is £10. Parents can request to come in and read their child's file. There is no charge in this respect. In both cases 15 school days' notice is required.

Racial Equality

Racial prejudice is contrary to the school's Mission Statement and school Behaviour

Policy. The governing body endorses the definition of a 'racist incident' and the definition of 'racism' as recommended by the Report of the Stephen Lawrence Inquiry, which the Home Office has advised all agencies to use:

- ***A racist incident is any incident which is perceived to be racist by the victim or any other person.***
- ***Racism, in general terms, consists of conduct or words or practices which advantage or disadvantage people because of their colour, culture or ethnic origin. Its more subtle form is as damaging as its overt form.***

Issues regarding racism should be brought to the attention of staff, as soon as possible, who will respond by investigating the matter, formally recording what has happened, and by taking an appropriate form of action.

Sanctions

If a student's conduct is outside the normal limits of acceptability, a student can expect to be reprimanded or receive a sanction, depending on the seriousness and frequency of the offence. Significant breaches of the school's behaviour policy are always recorded.

- Initially, or for minor offences of poor conduct or work, suitable sanctions are given by a form tutor or subject teacher
- More serious and persistent offences are reported to and dealt with by a Head of Subject Department or Head of Key Stage and this would be recorded on a student's file. If necessary a student may be placed, by a Head of Key Stage or Head of Subject Department, or member of staff, in an after school detention for a period of an hour. In most, but not all, cases, the school will inform parents 24 hours in advance. The Headteacher reserves the right to detain a student after school without giving 24 hours' notice, but would always inform parents if this was the case
- If there is no improvement in behaviour or work, parents are invited into school to discuss the problem with a member of staff.

For serious breaches of the school behaviour policy a student may be excluded from attendance at their lessons for a given period of time. This is referred to as a 'fixed-term exclusion.' This may be applied in two stages.

- i) A student who would normally be subject to a fixed-term exclusion from school may, in the first instance, be internally excluded. If this is the case, they will be withdrawn from timetabled lessons to work with the Behaviour

Support Assistant. The student concerned is then able to continue with their studies for the duration of their exclusion.

- ii) If there are further serious breaches of the school's behaviour policy a student may then be subject to a fixed term exclusion from the school.

There will be exceptions to this usually when members of the school community are at risk. For instance, a serious act of violence or a serious act of vandalism. These would normally result in fixed-term exclusion from school for significant periods of time. Equally well, unmitigated sexual or racial harassment would not necessarily be dealt with as part of an internal exclusion. In extreme cases, or for persistent breaches of the school's behaviour policy, a student may be permanently excluded from the school by decision of the governing body.

Sex Education

The Church recognises that it is the privilege and responsibility of the family to inform and educate their children in all matters pertaining to human growth and development. However, it also recognises that parents need a major commitment from schools to support them in this role.

St. Alban's has a developmental programme of personal, social and moral education which aims to help our young people to have a properly formed conscience, to enable them to make right judgements and to take the right actions in the many and varied situations in which they may find themselves. The information our students are given is in the context of the Christian community and with Christian values and based on sound moral principles within the framework of the Catholic Church's teaching.

Tutor Groups

On entry, students are placed in a Form Tutor Group and this forms the basis of pastoral care in each year group. We try to ensure that these remain constant during a student's time at the school. Occasionally some changes are made to form tutor groups at the end of a term, or at the end of a school year. Tutor groups are allocated a Form Tutor each year who is responsible for their students' welfare.

Transport

Bicycles

The school provides cycle racks for the benefit of those students who wish to cycle to school. Although we do try to protect bicycles, it is stro

strongly recommended that they be securely locked to the racks provided, as bicycles are left on the school site at the owners' risk. While the school cannot be held responsible for any loss or damage to bicycles, it will do all it can to minimise problems. Parents are advised to ensure that bicycles are covered by their own personal insurance.

It is important that all cycles brought to school are post-coded and locked securely, preferably with a lock and key and not a combination device.

Local School Transport Arrangements

The responsibility for ensuring that children attend school regularly and punctually rests with parents, but the Education Committee has a duty to provide a level of support with the provision of transport, for Catholic students, if a child lives beyond a certain distance from school. Basically these families will be required to pay a termly discretionary charge for the first two children. Those on benefits may be exempt. The administration of the school transport service is undertaken from the County Education Department, Endeavour House, 8 Russell Road, Ipswich IP1 2BX and any enquiries should be made there.

Uniform and Appearance

(see appendix 2)

All students are expected to wear correct school uniform as it plays an important part in establishing a community spirit and also encourages students to take a personal pride in their own appearance. They are expected to wear it on the way to and on the way from school each day. Details of our uniform are given at the back of this prospectus. The school expects that the appearance of all students will reflect credit on the individual, the family and the school itself. Outrageous appearance will not be permitted e.g. body piercing, shaved heads, body tattoos, dyed or colour rinsed hair. For boys, hair should not be shoulder length and should be just above the collar. Patterns etched into extremely short

hair are also not permitted. This applies both to girls and boys. Only with the co-operation of parents can a high standard of personal appearance be maintained.

In the event of a lapse students may be kept in after school, although they will normally be given twenty-four hours' notice.

Parents/guardians will be contacted in due course so that we can work together in resolving the issue.

Electronic Devices

The use of mobile telephones is not permitted in school. It is appreciated that, for safety reasons, students may require to have access to a phone on the way to or from school. However, whilst at school, they must be both turned off and kept out of sight. Staff will confiscate mobile telephones if they are seen in school and hand them into the school office. Students can then collect them at the end of the day. In the case of repeated confiscation, parents may be asked to discuss with the school appropriate arrangements to ensure the student does not need to have the phone in school during normal school hours. Use of a mobile phone during a lesson will be deemed a serious offence.

Safeguarding

St Alban's Catholic High School is committed to safeguarding and promoting the welfare of young people and we expect everyone associated with the school to share this commitment. Our practices are in accordance with Suffolk County Council recommendations and copies of the school safeguarding policy can be obtained from the school on request. The senior designated safeguarding officer is Mrs. P Gilson, who can be contacted via the school.

Section D: The School Curriculum

The details given below are our current curriculum arrangements. These may be subject to change during your child's education at St. Alban's

St Alban's is both a Catholic High School and a Specialist School and the school curriculum reflects both the Catholic nature of the school and our two specialisms – Technology and Inclusion – as well as the wider demands of the National Curriculum and the 14-19 Curriculum. Religious Education is a clear priority within the school and forms part of the core curriculum throughout the school. The school benefits from membership of the Specialist Schools' Trust and receives additional funding for Inclusion and Technology. Whilst our specialist status enhances our facilities in a number of practical ways, St Alban's remains the Catholic Secondary School for South Suffolk. As such, our entry criteria remain denominational in character and we are committed to providing a full rounded education for all our students. We are therefore committed to the pursuit of excellence in all aspects of the curriculum. The quality of the curriculum is closely monitored by senior staff within the school, the school governors, The Roman Catholic Diocese of East Anglia and the Local Authority of Suffolk.

We provide a broad and balanced foundation for our students in which the development of practical, scientific, technological, mathematical and linguistic skills are fostered along with personal learning and thinking skills to enable all our young people to enter the world of work prepared for the demands of the twenty-first century workplace.

As a school we aim to provide a varied and progressive curriculum whilst maintaining traditional standards. All our students follow a similar course in Years 7, 8 and 9. Students are taught our core subjects of Religious Education, Mathematics, English, Science, Information Technology, Design Technology, French and Physical Education. Students follow a wide range of foundation subjects including History, Geography, Music, Drama and Art. In addition gifted linguists may also study German from Year 8 onwards. There are currently fortnightly lessons of Personal, Social, Health and Economic Education (PSHEE) which covers basic skills, health education, careers education and communication skills. Issues relating to the Citizenship curriculum and work related learning are taught both through the PSHEE programme and across the curriculum. In some core subjects departments set by ability. There is additional support for those with learning difficulties. Our students are assessed in line with national guidelines at the end of Key Stage 3. We set high standards and expectations for each individual in these

assessments and provide students with every opportunity to achieve their potential in these tests.

Towards the end of Key Stage 3 students, parents and staff are closely involved in the process of selecting options for Key Stage 4 and beyond. In years 10 and 11 students continue with the core curriculum of Religious Education, English, Mathematics and Science. Currently students select four additional GCSE subjects which currently include:

- Arts subjects
- Humanities subjects
- Modern Foreign Languages
- Technology subjects
- PE
- Media Studies
- Applied subjects such as Health and Social Care and Business

Sixth-Form

At the end of Year 11 students must now continue their development in some form of education or training to the age of 18 years. Our own post-16 facility is now more than 10 years old and has gone from strength to strength throughout that period. We have a well resourced Sixth Form block with excellent study facilities and experienced Sixth Form teachers. We set our students high standards and our results are consistently amongst the best in the county.

Our Sixth Form provides a comprehensive range of academic and applied subjects at appropriate levels and we work together with other local providers to ensure as wide a range of subject choice as possible. We anticipate that the vast majority of our students will decide to progress into the Sixth Form at St Alban's. Advice on and details of post-16 opportunities are given to students in Years 10 and 11 to ensure that each student progresses to an individually appropriate course or career. Further details on Sixth Form courses are available in our Sixth Form prospectus which is produced in October each year. Sixth Form students can currently follow one of two pathways:

- **A level course**
Students usually follow four AS courses in Year 12 then take three of these through to A2 in Year 13. In addition they follow a Foundation Studies course and have the opportunity to select from a number of optional courses.
- **Consolidation course**
For students with 3 or more C+ grades at GCSE who wish to continue to study at school with the aim of improving their GCSE grades and experiencing the demands of a limited range of AS courses.

Public Examination Results – 2011 SAT (Year 9)

Number of students in Year 9: 162

Teacher Assessments

	Level 5 or above
English	88%
Mathematics	91%
Science	90%

GCSE (Year 11)

Examination Results

	5 or more A* - C	5 A* - C inc. E+M	1 or more A* - G	Average points
2006-2007	76%	67%	99%	425
2007-2008	71%	57%	99%	415
2008-2009	74%	65%	97%	420
2009-2010	71%	64%	96%	411
2010-2011	79%	68%	100%	434

A Level

2011

	A*	A	B	C	D	E	U
Art	1	1	2	0	0	0	0
Biology	0	3	2	4	5	7	0
Business	0	0	0	4	2	0	0
Chinese	0	1	3	0	0	0	0
Chemistry	1	2	4	1	1	0	0
Drama	0	2	5	3	0	0	0
English Language	1	3	8	8	1	0	0
English Literature	1	3	2	3	2	0	0
French	0	2	0	1	0	0	0
Further Maths	1	4	3	0	0	0	0
Geography	0	0	1	6	1	2	0
German	0	2	0	0	0	0	0
Health	0	0	3	1	1	0	0
History	0	3	9	6	4	4	0
ICT	1	0	3	2	1	0	0
Maths	5	9	2	1	2	2	0
Media Studies	0	0	0	4	3	1	0
Music	0	1	0	1	1	1	0
Physical Education	0	0	0	2	4	1	0
Physics	2	2	3	1	2	0	0
Politics	0	0	1	0	0	0	0
Psychology	3	4	9	9	5	2	0
Religious Studies	1	1	1	5	4	1	0
Science	0	0	0	1	2	0	0
Sociology	0	0	1	0	0	0	0
Product Design	0	5	2	0	0	0	0

A Level

2011

Individual Points Scores

A2 2011	St Alban's
Number of students	86
A2 pts per entry	81.8
A2 pts per candidate	81.5
Pass rate	96
Ave pts per candidate	945

Attendance Data

For the academic year 2010/11

Number of day students on roll of compulsory school age	824
Number of student sessions	302,577
Number of authorised absences	13,476
Number of day students with at least one authorised absence	771
Number of unauthorised absences	2,956
Number of day students with at least one unauthorised absence	336
Percentage of student sessions (half days) missed through authorised absence	4.4%
Percentage of student sessions (half days) missed through unauthorised absence	0.9%

Year 11 Destinations

The information is not available at the time of going to press. If you would like this information please contact the school office in November.

Year 13 Destinations

University/Degree Courses	61
Gap Year	8
Employment	10
Total	79

CONTACTING SCHOOL

Parents are asked to be aware that staff will respond to any messages as quickly as they are able. Please note however that staff spend most of every day in a teaching situation and may not be able to respond immediately. It is for this reason that parents are asked to make an appointment to see a member of staff, rather than just turn up.

The school office has an answer-phone service which is in operation outside of normal school hours. This enables parents to contact the school at any time so that problems or concerns can be dealt with promptly.

Please refer to the "Contact Chart" below to enable you to direct your call to the most appropriate person:

- Telephone: (01473) 726178
- Office facsimile number: (01473) 718628
- E-mail: general@st-albans.suffolk.sch.uk

People you may need to contact
<p>Form Tutor This should always be the first point of contact for issues relating to the welfare of your child or for help, advice or clarification on any school matter involving your child</p>
<p>Subject Teacher Contact the subject teacher about matters that are subject-related. This could be for advice, to help solve a subject-related problem or a homework concern</p>
<p>Student Support Manager Form Tutors keep the Student Support Manager fully briefed about all year group concerns Form Tutors consult with and seek advice from the Student Support Manager Ultimately, the Form Tutor may pass unresolved issues to the Student Support Manager</p>

SCHOOL UNIFORM AND APPEARANCE

All students are expected to wear correct school uniform as it plays an important part in establishing a community spirit and also encourages students to take a personal pride in their appearance. They are expected to wear their uniform on the way to and from school each day. Details of our uniform are given below. Outrageous appearance will not be permitted, e.g. body piercing, shaved heads, body tattoos, dyed or colour rinsed hair. For boys, hair should be no longer than just above the collar. Patterns etched into extremely short hair are not permitted. Girls are not allowed to have coloured or acrylic nails. Only with the co-operation of parents can a high standard of personal appearance be maintained.

All items of uniform are given below. The first table shows items which can only be purchased through the school. The second table shows items which may be purchased from your choice of supplier. In cold weather pupils should wear a smart, plain-coloured, outdoor coat; denim jackets are not allowed. We cannot accept responsibility for leather coats, jackets or other expensive fashion items. The school parent-teacher association - Friends of St. Alban's - have second-hand uniform for sale. Please contact the school office if you require further information.

Uniform that must be purchased via the school

Boys' Uniform	Girls' Uniform
School blazer with embroidered badge	School blazer with embroidered badge
School Tie with embroidered badge	School tie with embroidered badge
Dark green V-necked long-sleeved pullover, trimmed at the neck with blue and white	Dark green V-necked long-sleeved pullover, trimmed at the neck with blue and white
White polo shirt with embroidered badge	White polo shirt with embroidered badge
Black PE shorts	Black PE shorts
Dark green/ black socks with St Alban's lettering	Dark green/ black socks with St Alban's lettering
Black fleece with embroidered badge (optional)	Black fleece with embroidered badge (optional)
Black track pants (optional)	Black track pants (optional)
Black/ White multi-sports top (optional)	Black/ White multi-sports top (optional)

Uniform that may be purchased from any supplier

Boys' Uniform	Girls' Uniform
Plain white shirt	Plain white shirt/ blouse
Tailored, mid-grey (not charcoal or light grey) school trousers (no cords, denim, flared or drainpipe trousers)	Tailored, mid-grey (not charcoal or light grey) school trousers (no cords, denim, flared or drainpipe trousers). Skirts are no longer part of the St Alban's uniform.
Plain black shoes. No suede and no boots	Plain black shoes. No suede and no boots. Low heel (maximum 5 cm)
Dark coloured socks - grey or black	Dark coloured socks - grey or black. White also acceptable.
Football boots and shin pads	Hockey/Football boots and shin pads
Trainers (non-marking soles only) with white sports socks	Trainers (non-marking soles only) with white sports socks
Mouth guard (optional)	Mouth guard (optional)
Towel (optional)	Towel (optional)
	Black footless leggings for Dance/Gym
Apron or other protective clothing for CDT and Art (optional)	Apron or other protective clothing for CDT and Art (optional)